

Prejudice

COPPER **KNOB**
STEPSHEETS

拍數: 80 牆數: 4 級數: Phrased Advanced
編舞者: Debbie McLaughlin (UK) - September 2011
音樂: Free Your Mind - En Vogue



Count In: On lyrics 'I wear tight clothing.....' - SEQUENCE – AA B CC AA B CCCC AA B CCCC

PART A - Verse – 32 counts

A1: WALK, WALK, ROCK & CROSS, ¼ TURN SIDE, CROSS, SIDE, BEHIND SIDE

- 1 – 2 Walk forward R, Walk forward L
3&4 Rock forward onto R, Recover back onto L, Cross R over L (slightly angling body to 10 o'clock)
&5, 6 Straightening back up to 12 o'clock step back on L, making ¼ turn R step R to R side, Cross L over R
7, 8& Step R big Step to right side (Dip slightly and grind up to R hip), Cross L behind R, Step R to R side

A2: CROSS, TOUCH & TOUCH OUT OUT IN, CROSS SHUFFLE, SWIVEL & SWIVEL ¼ TURN

- 1, 2&3 Cross L over R, Tap R forward, Step R in place, Tap L forward
&4& Step L slightly to L side, Step R to R side, Step L beside R
5&6 Cross R over L, Step L to L side, Cross R over L
7&8 Swivel heels R, L, R, whilst making a ¼ turn L (weight ends on R facing 12 o'clock)

A3: & CROSS, ROCK RECOVER & ¼ TURN, STEP ½ TURN, ½ TURN, WALK BACK ,BACK

- &1,2,3 Step L in place, Cross R over L, Rock L out to L side, Recover weight back onto R
&4 Step L beside R, Make ¼ turn R stepping forward on R (3 o'clock)
5&6 Step forward L, Pivot ½ turn R taking weight forward on R, Make ½ turn R stepping back on L
7, 8 Walk back R, Walk back L

A4: BACK ROCK, KICK STEP, STEP ½ TURN TOUCH & TOUCH & TOUCH, BODY ROLL, BACK ROCK

- 1&2& Rock back on R, Recover forward on L, Kick R forward, Step R slightly forward
3&4& Step forward on L, Pivot ½ turn R taking weight forward on R, Touch L to L side, Step L beside R
5&6 Touch R to R side, Step R beside L, Touch L to L side
7, 8 Body roll to L side taking weight onto L, Touch R beside L

PART B - Bridge – 32 counts

B1: SEXY WALKS x4

- 1, 2 Walk forward R (crossing slightly over L), Hold
3, 4 Walk forward L (crossing slightly over R), Hold
5, 6 Walk forward R (crossing slightly over L), Hold
7, 8 Walk forward L (crossing slightly over R), Hold

(Note: Make these walks slow and sexy. If you want to add finger clicks on the 'holds' then feel free!)

B2: STEP ½ TURN, STEP ½ TURN, STEP ½ TURN STEP, TRIPLE FULL TURN

- 1, 2 Step forward on R, Pivot ½ turn L taking weight forward on L
3, 4 Step forward on R, Pivot ½ turn L taking weight forward on L
5&6 Step forward on R, Pivot ½ turn L taking weight forward on L, Step R forward (prep for turn)
7&8 Make ½ turn R stepping back on L, Make ½ turn R stepping forward on R, step L forward

B3: STEP ¼ PIVOTS x4

- 1, 2 Step R forward, Pivot ¼ turn L taking weight on L
3, 4 Step R forward, Pivot ¼ turn L taking weight on L

5, 6 Step R forward, Pivot $\frac{1}{4}$ turn L taking weight on L
7, 8 Step R forward, Pivot $\frac{1}{4}$ turn L taking weight on L

B4: CROSS ROCK, SIDE ROCK, CROSS $\frac{1}{4}$ TURN SIDE TOGETHER, POINT & POINT & POINT, BACK ROCK

1&2& Rock R across front of L, Recover weight onto L, Rock R out to R side, Recover weight onto L
3&4& Cross R over L, make $\frac{1}{4}$ turn R stepping back on L, Step R to R side, Step L beside R
5&6& Touch R to R side, Step R beside L, Touch L to L side, Step L beside R
7&8 Touch R to R side, Rock back on R, Recover weight forward onto L

PART C – Chorus – 16 counts

C1: KICK & STEP $\frac{3}{4}$ TURN, ROCK &, CROSS SIDE BEHIND $\frac{1}{4}$ TURN. STEP $\frac{1}{2}$ TURN TOUCH

1&23 Kick R forward, Step R in place, Step L forward, Pivot $\frac{3}{4}$ turn R taking weight onto R
4& Rock L out to L side, Recover weight onto R
5&6& Cross L over R, Step R to R side, Cross L behind R, Make $\frac{1}{4}$ turn R stepping forward R
7&8 Step forward on L, Pivot $\frac{1}{2}$ turn R taking weight forward onto R, Touch L beside R

C2: OUT OUT IN CROSS UNWIND $\frac{3}{4}$ TURN, WALK WALK, BACK LOCK BACK &

&1&2 Step L to L side, Step R to R side, Step L beside R, Cross R over L
3, 4 Slowly unwind $\frac{3}{4}$ turn L over 2 counts ending with weight on L
5, 6 Walk forward R, Walk forward L
7&8& Step back on R, Lock L across front of R, Step back on R, Step L beside R

Ending – After completing the very last 'C', make $\frac{1}{4}$ turn L and step R to R side to finish facing 12 o clock

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