

Dancing On My Own

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate / Advanced
編舞者: Martie Papendorf (SA) - September 2011
音樂: Dancing On My Own (Radio Edit) - Robyn : (3:43)



Start - On 1st heavy beat after 16 counts - 1 Restart. - 1Tag

S1: Tap, Scuff, ¼ samba right, Step, Pivot ½, Back lock back

1,2 Tap R next to L, Scuff R across L,
3&4 Step R across L, Rock L to left side making ¼ turn right, 3.00 Recover R to right side
5,6 Step L fwd, Pivot ½ right (weight to R), 9.00
7&8 Step L back, Lock R across L, Step L back

S2: Rock back fwd, ¼ Sailor cross right, Step L R, ¼ Swivet left, Fwd, Lock, Fwd

1,2 Rock R back, Rock L fwd,
3&4 Sweep R out and cross behind L making ¼ turn right, Step L to left side, 12.00 Step R across L,
8&5,6 Step L to left side, Step R next to L, Turn ¼ left on ball of R (lift heel) and heel of L flexing L toe in place, 9.00
7&8 Step L fwd, Lock R behind L, Step L fwd

S3: Step, Turn ¼, Cross shuffle, Rock L R, Behind, Side, Together

1,2 Step R fwd, Make ¼ turn left stepping L to left side, 6.00
3&4 Step R across L, Step L to left side, Step R across L,
5,6 Rock L to left side, Rock R to right side,
7&8 Cross L behind R, Step R to right side, Step L next to R

S4: Side ¼ left, Together, Step fwd ¼ right, Lock, Fwd, Step fwd, Touch, Fwd, Touch

1,2 Step R to right side making ¼ turn left, Step L next R, 3.00
3&4 Making ¼ turn right step R fwd, Lock L behind R, Step R fwd 6.00
5,6 Step L fwd to left diagonal, Touch R next L,
7,8 Step R fwd to right diagonal, Touch L next R,

S5: Fwd, Turn ½, Sailor turn ¼, Heel, Toe, Back lock back turn ½ left

1,2 Step L fwd, Make ½ turn left stepping R back, 12.00
3&4 Making ¼ turn left sweep out and step L behind R, 9.00 Step R to right side, Recover L to left side,
5,6 Touch R heel diagonal fwd, Touch R toe next to L,
7&8 Step R back making ½ turn left, Cross L over R, Step R back 3.00

S6: Rock back fwd, Fwd shuffle, Step R, Scuff L, Step, Heel swivels

1,2 Rock L back, Rock R fwd,
3&4 Step L fwd, Close R next to L, Step L fwd
5,6 Step R to left diagonal, Scuff L to left diagonal,
7&8 Step L to left diagonal, Rising onto toes swivel both heels out, Swivel both heels to centre (weight to L)

S7: Side, Behind, ¼ Turn, Step, Pivot ½, ¼ Turn, Behind, Side

1,2 Step R to right side to face 12.00, Cross L behind R, 12.00
3,4 Make ¼ turn right stepping R forward, Step L forward, 3.00
5,6 Pivot ½ turn right (weight to R), Make ¼ turn right and step L to left side, 12.00
7,8 Cross R behind L, Step L to left side

S8: Cross, Side, Behind, Side, Step, Pivot ½, Step, Pivot ¼

1,2 Step R across L, Step L to left side, 12.00
3,4 Cross R behind L, Step L to left side,
5,6 Step R fwd, Pivot ½ turn left (weight to L), 6.00
7,8 Step R fwd, Pivot ¼ turn left (weight to L), 3.00

Restart - On wall 3 after section 2 - you will be facing 3.00 – restart wall 4

Tag- After wall 5 repeat section 7 & 8 to face 12.00 and add 16 counts to start wall 6 on 6.00

1,2,3,4 Step R to right side, Close L next to R, Step R back, HOLD
5,6,7,8 Step L to left side making ¼ turn left, Close R next to L, Step L fwd, HOLD

1,2,3,4 Step R to right side, Close L next to R, Step R back, HOLD
5,6,7,8 Step L to left side making ¼ turn left , Close R next to L, Step L fwd, HOLD

Ending. Dance ends after wall 7 facing 12.00.

Step R fwd to finish.

Last Revision – 2nd October 2011.
