

# This Is A Mans World

拍數: 24                      牆數: 2                      級數: Easy Intermediate  
編舞者: Roy Verdonk (NL) - September 2011  
音樂: It's a Man's World - James Brown



Starts on vocals on the word : this is a mans WORLD, on the word "WORLD"

## Side L, Together R, Cross Over L, 1/4 Turn Left, Step Back R,L,R, 1/2 Turn Left, Step L,R,L, 1/4 Turn Left With Sweep R, Weave To Left, Sway L/R

- 1, 2, &a                      LF step to left, RF step together, LF cross in front of RF(&), make 1/4 turn left while stepping RF back (a) 9 o'clock
- 3, 4, &a                      LF step back, RF step back, make 1/2 turn left while stepping LF forward(&), RF step forward(a) 3 o'clock
- 5,                              LF step forward whilst making 1/4 turn left and sweeping RF from back to front 12 o'clock
- 6, &a                              RF cross in front of LF, LF step to left(&), RF cross behind LF(a)
- 7, 8                              sway hips to left, sway hips to right

## Cross Samba Left, Cross Samba Right With 1/4 Turn Right, Step Back L,R, Sailor L With 1/4 Turn Right, Step Forward R, 1/2 Turn Left ,1/2 Turn Right, Walk Forward L, R

- 1, &a                              LF cross in front of RF, RF rock to right(&), recover onto LF(a)
- 2, &a                              RF cross in front of LF, LF step to left(&), make 1/4 turn right whilst stepping back on RF (a) 3 o'clock
- 3, 4                              LF step back, RF step back
- 5, &a                              LF cross behind RF, make 1/4 turn right whilst stepping RF forward(&), LF step forward (a) 6 o'clock
- 6, 7, 8                              RF step forward, ,make 1/2 turn left whilst stepping LF forward, make 1/2 turn right whilst stepping RF forward &ah LF step forward(&), RF step forward(a)

## Lock L Behind R, Unwind 3/4 Turn Left, Sweep, Sailor L With 1/4 Turn Right, Step Forward R, 1/2 Turn L, Step Forward L,R, L Cross In Front Of R, Unwind Full Turn Right

- 1, 2, 3                              LF lock behind RF, slow 3/4 turn left(weight on RF), sweep LF from front to back 9 o'clock
- 4, &a                              LF cross behind RF, make 1/4 turn right whilst stepping RF forward(&), LF step forward (a) 12 o'clock
- 5, 6, 7                              RF step forward, make 1/2 turn left whilst stepping LF forward, RF step forward 6 o'clock
- 8, &                              LF cross in front of RF, unwind full turn right(weight ends on RF)

Start again!!!! - no tags, no restarts:)