

It Gets Better

拍數: 32 牆數: 4 級數: High Intermediate
編舞者: Shaz Walton (UK) & Jannie Tofte Stoian (DK) - September 2011
音樂: It Gets Better - Todrick Hall



Count in – 16 counts from main beat - Restart on wall 7 after 16 counts – facing the back wall

Brush x4, Back rock, Scuff hitch, Step lock step, Mambo ½ L, ¼ L cross

1& Brush right foot forward, brush right foot in front of left
2& Brush right foot forward, brush right foot back
3& Rock back on right, recover onto left
4& Scuff right forward, hitch right up
5&6 Step right forward, lock left behind right, step right forward
&7& Rock left forward, recover onto right, turn ½ left stepping left forward
8& Turn ¼ left stepping right to right side, cross left over right

Basic right, ¼ right, Sailor ¾ right, Triple full turn left, ¼ left cross

1-2& Step right to right side, close left behind right, cross right over left
3 Turn ¼ right stepping left back
4&5 Cross right behind left turning ¼ left, turn ¼ left stepping left slightly back, turn ¼ left crossing right in front of left
6&7 Triple full turn left – ending with left crossed in front of right
8& Turn ¼ left stepping right slightly back, cross left in front of right – Restart here

Tap press, Press, Ball cross, ¼ left coaster step, Triple full turn right, Mambo step, Slide back

&1 Tap right next to left, press right to right side
2 Press left to left side
&3 Step right next to left, cross left over right
&4& Turn ¼ left stepping right back, step left next to right, step right forward
5&6 Triple full turn right – moving forward
&7& Rock right forward, recover onto left, step right back
8 Take a big step on left sliding right toward left

Back rock, ½ left, Back rock, Full turn right, Sweep, Cross back side, Touch back rock

1-2& Rock back right, recover onto left, turn ½ left stepping right back
3-4& Rock back left, recover onto right, turn ½ right stepping left back
5 Turn ½ right stepping right forward, sweeping left around from back to front
6&7 Cross left over right, step right back, step left to left side
&8& Touch right next to left, rock right back, recover onto left