

# The Hula Slide

COPPER KNOB  
STEPPERS

拍數: 40      牆數: 4      級數: Beginner  
編舞者: The Grandpa Crunk (CAN) - September 2011  
音樂: The Hula Slide - The Grandpa Crunk



Documented by Winnie Yu (Pooh) Canada

Intro: 48 counts

## Sec. 1: Fwd Rock, Recover, Coaster, Fwd Rock Recover, Coaster

1-2            Rock forward on right, recover onto left  
3&4           Step right back, step left next to right, step forward on right  
5-6           Rock forward on left, recover onto right  
7&8           Step left back, step right next to left, step forward on left

## Sec. 2: Walk, Walk, 1/4 L Side, Touch, Rolling Vine L, Touch

1-2            Walk forward R, L  
3-4            Make ¼ left and stepping right to right side, touch left toe next to right (9:00)  
5-6-7-8       Make a ¼ left and stepping left forward, make a ½ left and stepping right backward, make a ¼ left and stepping left to left side, touch right next to left (9:00)

## Sec. 3: Back x3, Together, Hop x3, Hold

1-2-3-4       Stepping backward R, L, R, step left next to right  
5-6-7-8       Hop forward x3, hold [Option: walk forward R,L,R, step left next to right ]

## Sec. 4: Bounces with Hands Up & Down

1-2-3-4       Bouncing 4 counts with the both hands up  
5-6-7-8       Bouncing 4 counts with the both hands down

## Sec. 5: Hula Hoop Left & Right

1-2-3-4       Rolling hips to L counter clockwise  
5-6-7-8       Rolling hips to R clockwise

Start again!

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