Por Debajo - The Samba Way

級數: Intermediate

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音樂: Por Debajo de Tu Cintura - Agüita Salá

Introduction: 32 counts

拍數: 32

BASIC SAMBA ROCK, TOE SWITCHES MOVING BACKWARDS

- 1&2 Rock back RF, replace with LF, step RF beside LF
- 3&4 Rock back LF, replace with RF, step LF beside RF
- 5& Point RF forward, step RF slightly behind LF
- 6& Point LF forward, step LF slightly behind RF
- 7& Point RF forward, step RF slightly behind LF
- 8& Point LF forward, step LF next to RF

(Direction: Slightly moving backwards)

BOTO FOGO, RIGHT & LEFT, VOLTA HOLD

- 1&2 Step RF across LF, rock LF to side, step RF in place
- 3&4 Step LF across, RF, rock RF to side, step LF in place

(Hand Movement: Raise RH for 1&2 - Raise LH for 3&4)

(Direction: Slightly moving forward)

- 5-6 ¹/₄ turn right, cross RF over LF, HOLD (Both arms held out on sides)
- &7-8 Step LF to side, cross RF over LF,HOLD

WISK LEFT AND RIGHT, TURNING VOLTAS, HIP BUMPS

- 1&2 Step LF to side, rock RF behind, step LF in place
- 3&4 Step RF to side, rock LF behind, step RF in place
- 5&6 1/4 turn left with LF, step RF behind, 1/2 turn left with LF, to complete a ³/₄ turn

(Raise Right hand over head – rest Right hand over left shoulder)

7&8 Step forward right bump hips RLR

1/4 TURN, VOLTAS, 1/2TURN RIGHT VOLTA, CROSS, HITCH, COASTER STEP

- 1 ¹⁄₄ turn left, cross LF over RF
- &2 Step RF to side and cross LF over RF
- 3 ¹/₂ turn right, cross RF over LF,
- &4 Step LF to side, cross RF over LF

(Both arms held out on both sides)

- 5&6 Cross LF over RF, step back with RF, step LF beside RF
- &7&8& Hitch RF, step RF back behind LF, step LF beside RF, forward with RF, Step LF next to RF

ENDING: Pivot turn to left and STRIKE A POSE!!!!!!!

Rev-8/15/11-mb





牆數:4