Cowboys & Indians



拍數: 128 編數: 2 級數: Phrased Intermediate Contra

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音樂: Cowboys & Indianen (Square Remix) - Dikdakkers : (CD: Cowboys En Indianen

Remix 2009)



Introduction: "THE BELTS & BUCKLES COUNTRY DANCERS" ©

Info: starting position: 2 rows facing each other and you state something aside (rows such as a zip) so you can dance past each other forward,

will begin on the word 'LASSO', order of dance - A, B, A, B, A, A

PART A: 64 counts

[1-8] R Step Fwd, ½ Pivot Turn L, R Step Fwd, ½ Pivot Turn L, R Side, L Cross Behind & R Side, L Heel Diagonal Fwd & Together & R Cross Over

(count 1 t/m 2 and count 3 t/m 4: make with your right hand lasso movement in the air)

- 1 RF step forward
- 2 R+L ½ pivot/turn left (weight ends on LF)
- 3 RF step forward
- 4 R+L ½ pivot/turn left (weight ends on LF)
- 5 RF step to right side 6 LF cross behind RF
- & RF step to right side
- 7 LF tap with left heel left diagonal forward
- & LF step beside RF8 RF cross over LF

[9-16] L Side, R Cross Behind, L Coaster Step, R Jazz Box With Stomp Together

- 1 LF step to left side 2 RF cross behind LF 3 LF step behind & RF step beside LF 4 LF step forward
- 5 RF cross over LF LV step behind
- 6 LV step behind7 RF step to right side
- 8 LF stomp beside RF

[17-24] Gallop With R Forward, L Stomp Together, L Rock Back, Recover, L Step Fwd, R Step Together With ½ Turn Left

(During the gallop move with your arms like you are on a horse)

- 1 RF step forward & LF close next to RF
- 2 RF step forward (you are now side by side)
- & LF close next to RF
 RF step forward
 RF step forward
 LF stomp next to RF
 LF rock/step back

RF recover

(Count: 7-8 R-hand over your eyes with hand palm down as if you are looking for someone)

7 LF step forward

6

8 RF ½ turn left, step next to LF (weight ends on RF, you are now in the other row)

[25-32] L Cross Rock Over, Recover, L Rolling Vine, R Stomp Together, R Kick-Ball-Change

1	LF cross/rock over RF
2	RF recover (hand now down)
3	LF ¼ turn left, step forward
4	RF ½ turn left, step behind
5	LF 1/4 turn left, step aside
6	RF stomp next to LF (weight remains on LF)
7	RF kick forward
&	RF step on ball of foot next to LF
8	LF step in place
[22 40] Walk Ev	and D.L. D. Stomp Together, 1/ Turn I. Kiek Fund I. Welk Book I. D. I. Cogeter Stop
1 1	vd R-L, R Stomp Together, ½ Turn L Kick Fwd L, Walk Back L-R, L Coaster Step RF walk forward
	on R-arm for your chest, upper arms in the same way you determine someone picks Pack)
2	LF walk forward
3	RF stomp next to LF
4	LF ½ turn left, kick forward
5	LF walk back
	n aside with forearms L-shaped, palms facing up, as if you surrender yourself to someone)
6	RF walk back
7	LF step behind (Arms down now)
&	RF step next to LF
8	LF step forward
F44 401 \A/- II - F-	out D.L. D. Otaman Tanashan 1/ Tama L. Kiali Fand L. Walla Dank L. D. L. Ocasitas Otam
= =	vd R-L, R Stomp Together, ½ Turn L Kick Fwd L, Walk Back L-R, L Coaster Step
1	RF walk forward
2	LF walk forward
3	RF stomp next to LF
•	nd crossed on L-hand, palms facing forward over your head)
4	LF ½ turn left, kick forward
5	LF walk back
*	hind your body, R-palm on L-palm crossed on each other) RF walk back
6	
7	LF step behind
&	RF step next to LF
8	LF step forward
• •	Fwd, ½ Pivot Turn L, R Step Fwd, ½ Pivot Turn L, R Vine With Stomp Together
1	and count 3 t/m 4: make with your right hand lasso movement in the air)
1	RF step forward
2	R+L ½ pivot/turn left (weight ends on LF)
3	RF step forward
4	R+L ½ pivot/turn left (weight ends on LF)
5	RF step to right side
6	LF cross behind RF
7	RF step to right side
8	LF stomp next to RF
(weight remains	s on RF, except for the Tag)
Now do the follo	g 3rd time part A) owing steps: R Stomp Side, Hold & Together, R Cross Over With Stomp, Hold, L Stomp Side er, Left Cross Over With Stomp, Hold, ¼ Paddle Turns L x4
1	RF stomp right side
2	hold
&	LF step next to RF
3	RF stomp crossed over LF

4	hold	
5	LF stomp left side	
6	hold	
7	LF stomp crossed over RF	
8	hold	
9	RF step on ball of foot fwd	
10	1/4 turn left, with hip to right	
11	RF step on ball of foot fwd	
12	1/4 turn left, with hip to right	
13	RF step on ball of foot fwd	
14	1/4 turn left, with hip to right	
15	RF step on ball of foot fwd	
16	1/4 turn left, with hip to right	
Now start again	n with the dance!	
[57-64] L Cross	s Over, Unwind ½ Turn R, Stomps In Place L-R-L, R Cross Over, Unwind ½ Turn Left, Stomps	
In Place R-L-R		
(Count 1-2: Lift	t left hand left up, Lift right hand right up, as if you surrender totally) LF cross over RF	
2		
3	L+R ½ turn right (unwind, weight ends on RV) (Arms down now)	
LF stomp in pla		
&	RF stomp in place	
4	LF stomp in place	
5	RF cross over LF	
6	R+L ½ turn left (unwind, weight ends on LF)	
7	RF stomp in place	
&	LF stomp in place	
8	RF stomp in place	
Finish (last wa	II):	
1	hold	
&	LF stomp next to RF	
2	RF stomp forward	
End whole dan	ice!	
PART B: 64 co	ounts	
	wd, Recover, L Coaster Step, R Side Rock, Recover, R Cross Behind L & L Step Side, R Cross	
Over		
1	LF rock/step forward	
2	RF recover	
3	LF step behind	
&	RF step next to LF	
4	LF step forward	
5	RF rock/step right side	
6	LF recover	
7	RF cross behind LF	
&	LF step left side	
8	RF cross over LF	
[9-16] L Shuffle Fwd, R Shuffle Fwd, L Step Fwd, Pivot ½ Turn Right, L Stomp Together, R Stomp Together		
1 - 10j E Shume	LF step forward	
&	RF step next to LF	
2	LF step forward (you are now side by side)	
3	RF step forward	
-		

& LF step next to RF 4 RF step forward 5 LF step forward 6 L+R ½ pivot/turn right (weight ends on RF) 7 LF stomp next to RF 8 RF stomp next to LF [17-24] L Rock Step Fwd, Recover, L Coaster Step, R Side Rock, Recover, R Cross Behind L & L Step Side, **R Cross Over** 1 LF rock/step forward 2 RF recover 3 LF step behind & RF step next to LF 4 LF step forward 5 RF rock/step right side 6 LF recover 7 RF cross behind LF & LF step to left side 8 RF cross over LF [25-32] L Shuffle Fwd, R Shuffle Fwd, L Step Fwd, Pivot ½ Turn Right, L Stomp Together, R Stomp Together LF step forward 1 & RF step next to LF 2 LF step forward (you are now side by side) 3 RF step forward & LF step next to RF 4 RF step forward 5 LF step forward 6 L+R ½ pivot/turn right (weight ends on RF) 7 LF stomp next to RF 8 RF stomp next to LF [33-40] Walk Fwd L-R, L Stomp Together & Clap Hands With Dancers Beside You, R Kick Fwd, Walk Back R-L, R Coaster Step LF walk forward 1 2 RF walk forward 3 LF stomp next to RF (clap with your L-hand against left hand of dancer left next to you and R-hand against R-hand of dancer right next to you) 4 RF kick forward 5 RF walk back 6 LF walk back 7 RF step back & LF step next to RF 8 RF step forward [41-48] Walk Fwd L-R, L Stomp Together & Clap Hands With Dancers Beside You, R Kick Fwd, Walk Back R-L, R Coaster Step LF walk forward 1 2 RF walk forward LF stomp next to RF (clap with your L-hand against left hand of dancer left next to you and R-hand against R-hand of dancer right next to you) 4 RF kick forward

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RF walk back

6	LF walk back	
7	RF step back	
&	LF step next to RF	
8	RF step forward	
[49-56] L Jazz Box With Stomp Together, R Jazz Box With Stomp Together		
1	LF cross over RF	
2	RF step back	
3	LF step left side	
4	RF stomp next to LF	
5	RF cross over LF	
6	LF step back	
7	RF step right side	
8	LF stomp next to RF (weight remains on RF)	
[57-64] L Rolling Vine, R Stomp Together, R Rolling Vine, L Stomp Together		
1	LF ¼ turn left, step forward	
2	RF ½ turn left, step back	
3	LF ¼ turn left, step left side	
4	RF stomp next to LF (weight remains on LF)	
5	RF ¼ turn right, step forward	
6	LF ½ turn right, step back	
7	RF ¼ turn right, step right side	

LF stomp next to RF

Start again and have fun

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