

# No Superman

COPPERKNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Darren Bailey (UK), Henrik Grønvold (NOR) & Daniel Trepát (NL) - September 2011  
音樂: I Am No Superman (feat. Stay-C) - Jeronimo



## Cross step. Side step

1&2&      Cross RF over LF, weight back to LF, step RF to R, weight back to LF  
3&4      Cross RF behind LF, weight back to LF, step RF to R  
5&6&      Cross LF over RF, weight back to RF, step LF to L, weight back to RF  
7&8      Cross LF behind RF, weight back to RF, step LF to L

## Hip rolls, 1/2 turn, coaster step, samba cross

1,2,3,4      Step RF forward and roll hips from R to L while making a ½ turn over L shoulder, ending with weight on RF  
5&6      Step LF back, step RF beside LF, step LF forward  
7&8      Step RF to R, weight back to LF, cross RF over LF

## Shuffle full turn, syncopated cross step, slide, touch

1&2&      Step LF ¼ turn to L, step RF beside LF, step LF ¼ turn to L, step RF beside LF  
3&4      Step LF ¼ turn to L, step RF beside LF, step LF ¼ turn to L  
5&6      Cross RF over LF, step LF to L, cross RF behind LF  
7,8      Slide LF to L side, touch RF beside LF, facing R diagonal (1/8 turn to R)

## Hitch, step 1/8 turn R, L shuffle, walk ½ turn,

&1&2      Hitch R knee, step RF back to L diagonal, step LF back, step RF 1/8 turn to R  
3&4      Step LF forward, step RF beside LF, step LF forward  
5,6,      Step RF forward, step LF ¼ turn to L  
7,8      Step RF forward, step LF ¼ turn to L and flick RF back

Enjoy and feel the beat!!!

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