

Un Momento

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Francien Sittrop (NL) - September 2011
音樂: Un Momento (feat. Juan Magan) - Inna : (Album: I am the Club Rocker)



Intro : Start after 32 counts from the beginning (21sec.)

[1 – 8] Scuff Out Out and Cross, and Hitch, Hip Bumps R, ¼ L Hip bumps

1 & 2 Scuff R fwd, Step R out, Step L out
&3-4 Step R next to L, Step L across R, Hitch R
5 & 6 Touch R to R side with Hip Bumps R,L,R
7 & 8 ¼ L Touch L fwd with Hip Bumps L,R,L (09.00)

[9-16] Scuff Ball Step x2 , Rock Recover, ¾ Turn R

1 & 2 Scuff R Heel fwd, Step R down. Step L fwd
3 & 4 Scuff R Heel fwd, Step R down. Step L fwd
5 – 6 Rock R fwd, Recover on L
7 – 8 ½ Turn R step R fwd, ¼ Turn R step L to L side (06.00)

[17-24] Sailor step , Coaster Step , Rock back Recover, Walks fwd

1 & 2 Step R behind L, Step L to L side, Step R to R side
3 & 4 Step L back, Step R next to L , Step L fwd
5 – 6 Jump on R back and a low kick L fwd, Jump on L fwd and flick R back
7 – 8 Step R fwd , Step L fwd

Easier option 5 – 6 : Rock R back , Recover on L

[25-32] Touch fwd Step back, Mambo Step step , Cross , Unwind ¾ Turn L, Kick Ball Step

1 – 2 Touch R fwd with sweep, Step R back
3 & 4 Rock L back, Recover on R , Step L fwd
5 – 6 Step R across L , Pivot ¾ Turn L (09.00)
7 & 8 Kick R fwd, Step R down, Step L next to R

[33-40] Toe Touches , Step fwd, Together , Toe Touches , Cross Unwind ½ L

1&2& Touch R to R side, Step R next to L, Touch L to L side, Step L next to R
3 – 4 Step R big step fwd, Step L next R
5&6& Touch R to R side, Step R next to L, Touch L to L side, Step L next to R
7 – 8 Step R across L , ½ Turn L (03.00)

[41-48] Vaudeville, Touch , Hold, Fwd Coaster Step , Rock Recover

1&2& Step R across L, Step L back, Touch R heel fwd, Step R down
3 & 4 Touch L next to R, Hold
5 & 6 Step L fwd, Step R next to L, Step L back
7 - 8 Rock R back , Recover on L

[49-56] Hip bumps fwd , Rock Recover, Shuffle Back, Touch Back ½ R

1 & 2 Touch R fwd and bump hips R,L,R (option Small Shuffle fwd)
3 – 4 Rock L fwd, Recover on R
5 & 6 Step L back, Step R next to L, Step L back
7 – 8 Touch R back, make ½ Turn R (09.00)

[57-64] Step fwd, Pivot ½ R , Shuffle L Diag fwd, Shuffle R Diag fwd , Jump with Bounce

1 – 2 Step L fwd, Pivot ½ Turn R (03.00)
3 & 4 Step L Diag L fwd , Step R next to L, Step L fwd

5 & 6 Step R Diag R fwd, Step L next to R, Step R fwd
&7-8 Little jump fwd L&R (&7), Bounce on both Heels(8) Weight ends on L

Ending: Dance Last wall until count 30. Then make the last Kick Ball Step with $\frac{1}{4}$ Turn L to face the front wall again
