

Blue Marlin Blues

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Gail Smith (USA) - September 2011
音樂: Blue Marlin Blues - George Strait : (Album: George Strait Here For A Good Time)



INTRO: 8 Counts on the word Blue (I got the BLUE Marlin Blues)

CROSSING HEEL GRINDS, ROCK BACK, RECOVER, TOE STRUT

- 1 Step right heel across left (angled left diagonal) and grind heel from left to right (facing front)
- 2 Step left to side
- 3 Step right heel across left (angled left diagonal) and grind heel from left to right (facing front)
- 4 Step left to side
- 5 - 6 Rock right back (angled right diagonal), recover on left
- 7 - 8 Step right toe forward, step right heel down (body is still angled right diagonal) 1:00

CROSSING HEEL GRINDS with 1/4 TURN, ROCK BACK, RECOVER, TOE STRUT

- 1 Step left heel across right (angled right diagonal) and grind heel from right to left (facing front)
- 2 Step right to side
- 3 Step left heel across left (angled right diagonal), 1/4 turn left as you grind heel from right to left
- 4 Step right back 9:00
- 5 - 6 Rock left back , recover on right
- 7 - 8 Step left toe forward, step left heel down 9:00

1/4 TURN, 1/4 TURN, WEAVE LEFT with 1/4 TURN

- 1 - 2 Step right forward, pivot 1/4 turn left (wol)
- 3 - 4 Step right forward, pivot 1/4 turn left (wol)
- 5 - 6 Step right across, step left to side
- 7 - 8 Step right crossed behind left, turn 1/4 left and step left forward 12:00

1/4 TURN, WEAVE LEFT, POINT, CROSS, POINT

- 1 - 2 Step right forward, pivot 1/4 turn left (wol)
- 3 - 4 Step right across, step left to side
- 5 - 6 Step right crossed behind left, touch left toe out to side
- 7 - 8 Step left across right, touch right toe out to side 9:00

REPEAT

***** Low Impact option for heel grinds - Step across, step side, step across, step side

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