

# Take it Off

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Tony Myers (UK) - September 2011  
音樂: Take It Off - Joe Nichols



## Intro 16 Counts

### Step, Lock, Step : Step, Lock, Step : Step, Scuff, Step, Scuff : Coaster Turn

1&2      Step forward on right (1) Lock left behind right (&) Step forward on right (2) (To right Diagonal)  
3&4      Step forward on left (3) Lock right behind left (&) Step forward on left (4) (To left diagonal)  
5&6&      Step right to side (5) Scuff left forward (&) Step left to side (6) Scuff right forward (&)  
7&8      Turn ¼ right step back on right (7) Step left with right (&) Step forward on right (8)(3:00)

### Sailor Point : Sailor Step : Behind, Side, Cross : & Behind, Side, Cross

1&2      Step left behind right (1) Step right with left (&) Point left to side (2)  
3&4      Step left behind right (3) Step right with left (&) Step left to side (4)  
5&6      Step right behind left (5) Step left to side (&) Cross right over left (6)  
&7&8      Step left to side (&) Step right behind left (7) Step left to side (&) Cross right over left (8)

### \*& Point, Turn, Point : Full Turn Left : Cross Rock, Side : Cross, Turn, Turn

&1&2      Step left with right (&) Point right to side (1) Turn ½ right step on right (&) Point left to side (2)(9:00)  
3&4      Turn ¼ left forward on left (3) Turn ½ left back on right (&) Turn ¼ left step left to side (4) (easy option side chasse left)#  
5&6      Rock right across left (5) Recover on left (&) Step right to right side (6)  
7&8      Cross left over right (7) Step ¼ left back on right (&) Turn ¼ left forward on left (8) (3:00)

### Forward, Tap Behind, Tap Forward : L Back, R Strut Back : ¾ Shuffle Turn : Kick Ball Cross

1&2      Step forward on right (1) Tap left behind right (&) Tap left forward (2)  
3&4      Step back on left (3) Touch right toes back (&) Step down on right (4)  
5&6      Turn ½ left on left (5) Step right with left (&) Turn ¼ left forward on left (6)(6:00)  
7&8      Kick right forward (7) Step down on right (&) Cross left over right (8)

### Side Rock, Recover, Cross Heel & Side: Cross Heel & Side, Cross Rock : Recover & Side Chasse : ¼ Sailor Turn

1&2&      Rock right to side (1) Recover on left (&) Grind right heel over left (2) Step left to side (&)  
3&4      Grind right heel over left (3) Step left to side (&) Rock right over left (4)  
5,6&7      Recover on left (5) Step right to side (6) Step left with right (&) Step right to side (7)  
8&1      Step left behind right (8) Turn ¼ right step right to side (&) Step left to side (1)(9:00)

### Mambo Turn : Side, Together, Cross : & Cross : Turn Back, Back, Cross

2&3      Rock forward on right (2) Recover on left (&) Turn ½ right step forward on right (3) (3:00)  
4&5      Step left to side (4) Step right with left (&) Cross left over right (5)  
&6      Step right to side (&) Cross left over right (6)  
7&8      Turn ¼ left step back on right (7) Step back on left (&) Cross right over left (8) (12:00)

### Side, Together, Side, Together : Cross Shuffle : ½ Rumba Box : Turn, Turn, Turn

1&2&      Step left to side (1) Step right with left (&) Step left to side (2) Step right with left (&)  
3&4      Cross left over right (3) Step right to side (&) Cross left over right (4)  
5&6      Step back on right (5) Step left with right (&) Step right to side (6)  
7&8      Turn ¼ right step left to side (7) Turn ¼ right step right to side (&) Turn ¼ right step left to side (8) (9:00)

**Dorothy Step : Rock Forward & Forward : Step Turn Step : Cross, Back, Turn**

1,2& Step forward on right (1) Lock left behind right (2) Step forward on right (&  
3&4 Rock forward on left (3) Recover on right (&) Rock forward on left (4)  
5&6 Step forward on right (5) Pivot  $\frac{1}{2}$  turn left (&) Step forward on right (6)  
7&8 Cross left over right (7) Turn  $\frac{1}{4}$  right step back on right (&) Step left to side (8) (6:00)

**# Restart on Wall 3. Dance up to count 2 in section 3 then alter counts 3&4 to:-**

3&4 Turn  $\frac{1}{4}$  left forward on left (3) Turn  $\frac{1}{2}$  left back on right (&) Step left to side (4)(easy left shuffle back  $\frac{1}{4}$  right)

**You will be back on 12:00 wall, start again from beginning.**

**Dance will finish on wall 5, Section 4 on counts 5&6 ( $\frac{3}{4}$  shuffle) facing front.**

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