

I Believe, I Believe, I Believe

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Novice WCS.
編舞者: Frida Axelsson (SWE) - September 2011
音樂: I Believe - R. Kelly



Start facing 3.00, intro in 16 counts

Side, cross, side, ¼ turn, triple step, walk, walk, full turn, step fwd

1&2 Step RF side right, cross LF in front of RF, step RF side right
3&4 Turn ¼ left, step in place LF-RF-LF
5-6 Step RF fwd, step LF fwd
7&8 Turn ½ left, step RF back, turn ½ left, step LF fwd, step RF fwd

Step back, 1 ¾ turn, sailor step, sailor step, turn ¼

1-2 Step LF back, step RF back, turn ¼ right
3&4 Turn ½ right, step LF in place, turn ½ right, step RF in place, turn ½ right, step LF in place
5&6 Right sailorstep
7&8 Left sailorstep, turn ¼ left

Walk, walk & point, heel bounces, swivel steps

1-2 Step fwd RF-LF
&3-4 Step RF fwd, point LF sideleft, bounce L heel
5-6 Bounce L heel, Step LF down
7&8 Swivel toes in, swivel heels in, swivel feet together

Kick & point & step, sweep, turn ½, side, back, side, cross, side

1&2& Kick RF fwd, step RF in place, point LF side left, step LF in place
3-4 Step RF fwd, sweep LF back to front turning ½ right, cross LF in front of RF
5-6& Step RF side right, cross LF behind, step RF side right
7-8 Cross LF over RF, step RF side right

Sway, sway, sailor step ¼ turn, walk, walk, sugar push

1-2 Sway left, sway right
3&4 Sailor step, turn ¼ left
5-6 Step RF fwd, step LF fwd
7&8 Rock RF fwd, recover, step RF back

Triple step, hip bump with turn, hip bump with turn, full turn

1&2 Step in place LF-RF-LF
3-4 Bump R hip fwd, step RF fwd, turn ½ left
5-6 Turn ½ left, bump L hip fwd, step LF fwd
7-8 Full turn left on LF, touch R toes sideright