

Sugar Coated Darling

COPPER KNOB
STEP SHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Michele Perron (CAN) - July 2011
音樂: Ay La Bas - Michelle Willson : (Album: Tryin' To Make A Little Love)



Introduction: 48 Counts, begin on vocals - CCW Rotation,

Sec. I (1- 8) FORWARD, FORWARD, R TRIPLE TURN, SIDE, DRAG, TURN/SIDE, DRAG

1,2 RIGHT, LEFT Steps forward
3,&,4 RIGHT Triple forward with 1/2 Turn L [R side/turn 1/4, L across front of R/turn 1/4, R back] [6 o'clock]
5,6 LEFT Step side L, RIGHT Drag/Slide to L
7,8 Turn 1/2 L with RIGHT Step side R, LEFT Drag/Slide to R [12 o'clock]

Sec. II (9-16) ACROSS, KICK, BEHIND-&ACROSS, &-ACROSS, HOLD, SIDE, RECOVER

1,2 LEFT Step across front of R, RIGHT Kick forward diagonal R
3,&,4 RIGHT Step crossed behind L, LEFT Step side L, RIGHT Step across front of L
5,&,6 HOLD, LEFT Step side L, RIGHT Step across front of L
7,8 LEFT Rock/Step side L, RIGHT Recover/Step side R

Sec.III (17-24) L TRIPLE TURN, FORWARD/ROCK, RECOVER/BACK, R TRIPLE BACK, BACK, RECOVER

1,&,2 LEFT Step crossed behind R, Turn 1/4 R with RIGHT Step forward, LEFT Step forward [3 o'clock]
3,4 RIGHT Rock/Step forward, LEFT Recover/Step back
5,&,6 RIGHT Triple Step back [R back, L beside, R back]
7,8 LEFT Rock/Step back, RIGHT Recover/Step forward [in place]

Sec.IV (25-32) TURN/STEP-TOUCH-HOLD, TOG-TOUCH-HOLD, TOG-TOUCH-HOLD, TOG-TOUCH-TWIST

&,1,2 Turn 1/4 R with LEFT Step forward & beside R, RIGHT Toe/Touch forward, HOLD [6 o'clock]
&,3,4 RIGHT Step beside L, LEFT Toe/Touch forward, HOLD
&,5,6 LEFT Step beside R, RIGHT Toe/Touch side R, HOLD
&,7,8 RIGHT Step beside L, LEFT Toe/Touch side L, Turn 1/4 L with twist/swivel on RIGHT, weight on R [3 o'clock]

Sec V (33-40) ACROSS, BACK, &-TOUCH-HOLD, &-TOUCH-HOLD, TRIPLE BACK

1,2 LEFT Step across front of R, RIGHT Step back
&,3,4 LEFT Step back diagonal L, RIGHT Toe/Touch beside L, HOLD
&,5,6 RIGHT Step back diagonal L, LEFT Toe/Touch beside R, HOLD
7,&,8 LEFT Triple Step back [L back, R beside, L back]

Sec VI (41-48) TURN, TOUCH, TURN, TURN, BEHIND-&-ACROSS, 2 COUNT UNWIND TURN

1,2 Turn 1/4 R with RIGHT Step side R, LEFT Toe/Touch side L (face diagonal R) [6 o'clock]
3,4 Turn 1/4 L with LEFT Step forward, Turn 1/4 L with RIGHT Step side R [12 o'clock]
5,&,6 LEFT Step crossed behind R, RIGHT Step side R, LEFT Step across front of R
7,8 Two count 3/4 Turn R unwind, ending weight on LEFT (behind R) [9 o'clock]

Begin Again

Dance ends on front wall after the unwind turn, so strike a "sugar coated" POSE

Last Revision - 18th September 2011

