

Lovely Rumba

拍數: 32 牆數: 4 級數: Improver
編舞者: Karl-Jürgen Lüdecke (DE) - September 2011
音樂: Elvis Rumba - Tony Clive



Alt. Music:-

One more time by Kenny G. Chante Moore
La Playa by Miriam Jurado
Recuerda by Piet Veerman
or any "Rumba"-Music

Basic Rumba Steps

1-4 Change weight to the right foot, step left forward, step right in place, touch left to side
5-8 Change weight to the left foot, step right back, left in place, touch right to side

Turn ¼ Left and Rock Step, Curving Walks ¼ Right

1-4 Change weight to the right foot, turn ¼ to left and step left backward [9:00], step right in place, turn ¼ right with right foot and touch left to side [12:00]
5-8 Change weight to the left foot, steps back right, left, right turning ¼ to right [3:00]

Rock Step, Step, Sweep ¼ Turn Left, Fullturn in place to left, Press Side

1-4 Change weight to the right foot, rock left forward, step right in place, step left forward, sweep right to side with ¼ turn left [12:00]
5-8 Hold, cross right before left, unwind full turn left, touch right to side [12:00]

Basic Rumba Step, Turn ¼ Left and Rock Step, Press Side

1-4 Change weight to the right foot, step left forward, step right in place, touch left to side
5-8 Change weight to the left foot, turn ¼ to left and step right forward, step left in place, touch right to side [9:00]

Repeat
