

The African Spirit

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Jana Monser (DE) & Mathias Pflug (DE) - September 2011
音樂: Gimme Hope Jo'Anna - Eddy Grant



Intro: Start on the vocals!

Chassé, Rock Back, 1/4 Turn R Side, 1/2 Turn R, Side, Locking Shuffle Forward

1&2 Step right to right, Step left beside right, Step right to right
3-4 Step left, Recover on right
5-6 1/4 turn right and step left to left, 1/2 turn right and step right back (9.00)
7&8 Step left forward, Step right beside left, Step left forward

Cross, Back, Side, Crossing Shuffle, Side, 1/4 Turn L Sailor Shuffle

1-2 Cross right over left, Step left back
3 Step right to right
4&5 Cross left over right, Step left beside right, Step left over right
6 Step right to right
7&8 1/4 turn left and coss left behind right, Step right beside left, Step left forward (6.00)

Skate R+L, Kick-Ball-Change x2

1-2 Skate right forward, Skate left forward
3&4 Kick right forward, Step right beside left, Step left beside right
5-8 Repeat 1-4

Rock Forward, 1/2 Turn R Shuffle, Rock Forward, 3/4 Turn L Sailor Shuffle

1-2 Step right forward, Recover on left
3&4 1/4 turn right and step right to right, Step left beside right, 1/4 turn right and step right to right (6.00)
5-6 Step left forward, Recover on right
7& 1/4 turn left and Cross left behind right, 1/4 turn left and Step right back
8 1/4 turn left and step left forward (3.00)

Repeat & Enjoy! :)
