

Dear One

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Shanthie De Mel (AUS) - September 2011
音樂: Dear One - Johnny Lion & The Jumping Jewels : (3:00)



Begin: Intro: 6 sec. into song. Start on main vocals - " ... Mail man"

Split floor to Beginner line dance - YOUR LAST LETTER by Shanthie De Mel.

[1-8] TRI-ROCKER RIGHT. STOMP. CLAP. TRI-ROCKER LEFT. STOMP. CLAP.

1&2& Rock R forward. Recover L. Rock R to right side. Recover L.
3&4& Rock R back. Recover L. Stomp R beside L. Clap.
5&6& Rock L forward. Recover R. Rock L to left side. Recover R.
7&8& Rock L back. Recover R. Stomp L beside R. Clap. (12:00)

[9-16] ROCK. REC. CROSS. HOLD RIGHT & LEFT x2. WALK BACK x3. TURN 1/4 RIGHT. SIDE.

1&2 Rock R to right side. Recover L. Cross R over L moving forward. Hold.
3&4 Rock L to left side. Recover R. Cross L over R moving forward. Hold. (12:00)
5, 6, 7, 8 Walk back R-L-R. Turning 1/4 right step L to left side. (3:00)

[17-24] RUMBA BOX FORWARD. RUMBA BOX BACK. 1/4 RIGHT TURN. SIDE

1&2 Step R to right side. Close L. Step R forward.
3&4 Step L to left side. Close R. Step L forward.
5&6 Step R to right side. Close L. Step R back.
7&8 Step L to left side. Close R. Turning 1/4 right step L to left side. (6:00)

[25-32] EXTENDED WEAVE LEFT. STEP BACK. STEP SIDE. COASTER LEFT.

1&2& Cross R behind L. Step L to left side. Cross R over L. Step L to left side
3&4 Cross R behind L. Step L to left side. Cross R over L.
5, 6 Step L back. Step R to right side.
7&8 Step L back. Step R together. Step L forward. (6:00)

TAG here.

On 2nd Rotation at 6:00, after count 32, hold for 2 counts & continue with dance on - "Dear one".

[33-40] PADDLE 1/4 LEFT SWAYING HIPS x 2. FORWARD. HOLD. HOLD. CLAP- CLAP

1, 2, Step R forward. Turn 1/4 left on L with hip sway. (3:00)
3, 4 Step R forward. Turn 1/4 left on L with hip sway. (12:00)
5, 6, 7, &8 Step forward R. Hold pressing palms down. Hold. High clap twice on counts &8. (12:00)

[41-48] PADDLE 1/4 RIGHT SWAYING HIPS x 2. FORWARD. HOLD. HOLD. CLAP- CLAP

1, 2, Step L forward. Turn 1/4 right on R with hip sway. (3:00)
3, 4 Step L forward. Turn 1/4 right on R with hip sway. (6:00)
5, 6, 7, &8 Step forward L. Hold pressing palms down. Hold. High clap twice on counts &8. (6:00)

[49-56] MAMBO FORWARD. MAMBO BACK.

1, 2, 3, 4 Rock R forward. Recover L. Rock R back. Hold.
5, 6, 7, 8 Rock L back. Recover R. Rock L forward. Hold. (6:00)

[57-64] PADDLE 1/4 LEFT SWAYING HIPS x 2. STOMP FORWARD. HOLD. STOMP SIDE. HOLD

1, 2, Step R forward. Turn 1/4 left on L with hip sway. (3:00)
3, 4 Step R forward. Turn 1/4 left on L with hip sway. (12:00)
5, 6, 7, 8 Stomp forward R. Hold. Stomp L to left side. Hold palms down & extending arms. (12:00)

NOTE In the last 4 lines of the song on the repetition of “dear one you stole my heart away” repeat 49-56.

Last Update - 2nd July 2023 - R1
