

Russell's Rumba

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner rumba
編舞者: Russell Breslauer (USA) - August 2011
音樂: Solamente una Vez - Connie Francis
或: Any Rumba



BOX

1-2 Step Left to left side, step Right beside left
3-4 Step Left forward, hold
5-6 Step Right to right side, step Left beside right
7-8 Step Right back, hold

SIDE, ROCK BACK, REPLACE, HOLD, SIDE, ROCK BACK ¼ TURN LEFT, FORWARD, HOLD

1-2 Take wide step to left side with Left, Step Right back slightly behind left
3-4 Step Left in place (rock, replace), hold
5-6 Take wide step to right side with Right, Step Left back slightly behind right turning ¼ left (9:00 wall)
7-8 Step Right forward, hold

STEP, LOCK, STEP, HOLD, CROSS, RECOVER, TURN ¼ RIGHT, HOLD

1-2 Step Left forward, step Right beside or a little behind left
3-4 Step Left forward, hold
5-6 Step Right over in front of left side, step Left in place (cross, recover)
7-8 Step Right turning ¼ to the right (12:00 front wall), hold

3- ¼ TURNS RIGHT, HOLD, SWAYS, DRAG AND TOUCH

1-4 Do 3- ¼ turns as Left over right (3:00), Right to the right (6:00), Left over right (9:00), hold
5-8 Sway (put weight on) Right, Left, Right, Drag and touch Left foot next to right.

REPEAT

Dance will end after the box at front wall.

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