

# Good Day To Run

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Benny Ray (DK) - July 2011  
音樂: A Good Day to Run - Darryl Worley : (CD: Have You Forgotten)



## 4 X DIAGONAL STEP TOUCH

1-2      Step forward to right diagonal, touch left next to right  
3-4      Step back to left diagonal, touch right next to left  
5-6      Step back to right diagonal, touch left next to right  
7-8      Step forward to left diagonal, touch right next to left

## R STEP, LOCK, STEP, SCUFF, L STEP, LOCK, STEP, SCUFF

9-10      Step forward on right, lock left behind right  
11-12      Step forward on right, scuff left forward  
13-14      Step forward on left, lock right behind left  
15-16      Step forward on left, scuff right forward

## STEP, ½ TURN, STEP, HOLD, TRIPLE FULL TURN R

17-18      Step forward on right, make ½ turn left  
19-20      Step forward on right, hold  
21-22      Make ½ turn right stepping back on left, make ½ turn right stepping forward on right  
23-24      Step forward on left, hold

## RUN FORWARD, TOUCH, RUN BACK, TOUCH

25-26      Step forward right, step forward left  
27-28      Step forward right, touch left next to right  
29-30      Step back left, step back right  
31-32      Step back left, touch right next to left

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