

Lean On Me Too

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Terri Lineberry (USA) - September 2011
音樂: Lean on Me - Club Nouveau : (CD: Love, Life and Pain)



40 count intro (after main rhythm starts)

ANCHOR STEPS FORWARD

1&2 Step right forward, rock back on left, rock forward on right
3&4 Step left forward, rock back on right, rock forward on left
5&6 Step right forward, rock back on left, rock forward on right
7&8 Step left forward, rock back on right, rock forward on left

HEEL STEPS BACK, HEEL, STEP, STEP, STEP HEEL ¼ TURN RIGHT

1&2& Step right heel forward, step right back, step left forward, step left back
3&4& Step right heel forward, step right back, step left forward, step left back
5&6& Step right heel forward, step right to left, step left beside right, step right beside left
7&8& Step left heel forward, step left to right, step right ¼ right, step left to right

ROLLING TURN RIGHT, TRIPLE STEP, ROLLING TURN LEFT, TRIPLE STEP

1-2 Step right ¼ to right, step left ¼ right
3&4 Swing right ½ to right, step left to right, step right to right
5-6 Step left ¼ to left, step right ¼ left
7&8 Swing left ½ left, step right to left, step left to left
(Optional: Instead of rolling vines, step right behind left, triple step, step left behind right, triple step)

ROCK RECOVER, COASTER, ROCK RECOVER, COASTER STEP

1-2 Step right forward, rock back on left
3&4 Step right back, step left to right, step right forward,
5-6 Step left forward, rock back on right
7&8 Step left back, step right to left, step left forward

REPEAT
