

Sunny In Seattle

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Andrew Palmer (UK), Sheila Palmer (UK) & Gaye Teather (UK) - September 2011
音樂: Sunny In Seattle - Blake Shelton : (CD: Red River Blue)



32 count intro

Cross. Sweep. Cross shuffle. Sway. Sway. Cross shuffle

1 - 2 Cross Right over Left. Sweep Left from back to front
3&4 Cross Left over Right. Step Right to Right side. Cross Left over Right
5 - 6 Step Right swaying hips Right. Sway hips Left
7&8 Cross Right over Left. Step Left to Left side. Cross Right over Left

Back. Side. Shuffle forward. Forward rock. Shuffle half turn Right

1 - 2 Step back on Left. Step Right to Right side
3&4 Step forward on Left. Step Right beside Left. Step forward on Left
5 - 6 Rock forward on Right. Recover weight to Left
7&8 Shuffle half turn Right stepping Right, Left, Right (Facing 6:00)

Full turn Right (travelling forward). Shuffle. Diagonal sway forward. Recover. Walk back x 2

1 - 2 Half turn Right stepping back on Left. Half turn Right stepping forward on Right (Facing 6 o'clock)

Easier option: Walk forward Left. Right

3&4 Step forward on Left. Step Right beside Left. Step forward on Left
5 - 6 Stepping Right diagonally forward Right sway hips forward. Recover onto Left
7 - 8 Walk back Right. Left

Coaster step. Step. Scuff. Forward rock. Back rock (Rocking chair)

1&2 Step back on Right. Step Left beside Right. Step forward on Right
3 - 4 Step forward on Left. Scuff forward with Right
5 - 6 Rock forward on Right. Recover weight to Left
7 - 8 Rock back on Right. Recover weight to Left

Step. Pivot quarter turn Left. Diagonal shuffle. Side rock. Diagonal shuffle

1 - 2 Step forward on Right. Pivot quarter turn Left (Facing 3 o'clock)
3&4 Step Right forward towards Left diagonal. Step Left beside Right. Step forward on Right
5 - 6 Straightening up to 3 o'clock rock Left to Left side. Recover onto Right
7&8 Step Left forward towards Right diagonal. Step Right beside Left. Step forward on Left (Facing 4.30)

Diagonal walks back x 2. Shuffle half turn Right. Diagonal Walks forward x 2. Forward Mambo step

1 - 2 Still facing Right diagonal walk back Right. Left
3&4 Shuffle half turn Right stepping Right. Left. Right to face opposite diagonal (Facing 11.30)
5 - 6 Walk forward Left. Right
7&8 Rock forward on Left. Recover onto Right. Step Left beside Right

Back. Sweep. Sailor one eighth turn Left. Step forward. Tap. Left shuffle back

1 - 2 Long step back on Right. Sweep Left out to Left side
3&4 Make one eighth of a turn Left (straightening up to face 9 o'clock) stepping Left behind Right. Step Right to Right. Step forward on Left
5 - 6 Step forward on Right. Tap Left behind Right
7&8 Step back on Left. Step Right beside Left. Step back on Left

Rock back. Recover. Step. Pivot quarter turn Left. Cross. Rock side. Recover. Sailor step Left

1 – 2 Rock back on Right. Recover weight to Left

3&4 Step forward on Right. Pivot quarter turn Left. Cross Right over Left (Facing 6 o'clock)

5 – 6 Rock Left to Left side. Recover onto Right

7&8 Step Left behind Right. Step Right to Right. Step Left to Left side

Start again
