

# My List

拍數: 50                      牆數: 4                      級數: Intermediate  
編舞者: Lesley Clark (SCO) - July 2011  
音樂: My List - Toby Keith : (CD: 35 Greatest Hits)



Intro: 16 count intro start on vocals

## SYNCOPATED ROCKS, ROCK FORWARD, RECOVER, RIGHT LOCK STEP

1-2&                      Rock forward on right, recover on left, step right in place  
3-4&                      Rock forward on left, recover on right, step left in place  
5-6                        Rock forward on right, recover on left  
7&8                        Step back on right, cross step left in front of right, step back on right

## ½ TURN, STEP, LEFT SHUFFLE, CROSS ROCK STEP, BEHIND SIDE CROSS

1-2                        ½ turn left stepping forward on left, step forward on right  
3&4                        Step forward on left, step right next to left, step forward on left  
5&6                        Cross rock right over left, recover on left, step right to right side  
7&8                        Step left behind right, step right to right side, step left in front of right

## ROCK, RECOVER, BEHIND SIDE CROSS, ¼ TURN, ¼ TURN, CROSS SHUFFLE

1-2                        Rock out to right side, recover on left  
3&4                        Cross step right behind left, step left to left side, cross step right over left  
5-6                        ¼ turn right stepping back on left, ¼ turn right stepping right to right side  
7&8                        Cross step left over right, step right to right side, cross step left over right

## ROCK, RECOVER, BEHIND, ¼ TURN, STEP, STEP, TURN, LEFT LOCK STEP

1-2                        Rock out to right side, recover on left  
3&4                        Step right behind left, ¼ turn left stepping forward on left, step forward on right  
5-6                        Step forward on left, ½ turn right  
7&8                        Step forward on left, lock right behind left, step forward on left

## SYNCOPATED ROCKS, STEP TURN, FULL TURN LEFT

1-2&                        Rock forward on right, recover on left, step right in place  
3-4&                        Rock forward on left, recover on right, step left in place  
5-6                        Step forward on right, ½ turn left  
7-8                        ½ turn left stepping back on right, ½ turn left stepping forward on left

## RIGHT LOCK STEP, MAMBO STEP, RIGHT LOCK STEP, COASTER, WALK RIGHT, LEFT

1&2                        Step forward on right, lock left behind right, step forward on right  
3&4                        Rock forward on left, recover on right, step back on left \*\*\*\*\*  
5&6                        Step back on right, cross step left over right, step back on right  
7&8                        Step back on left, step right next to left, step forward on left  
1-2                        Walk forward right, left

Start Again.....Happy Dancing.....

Restart: On wall 2 restart the dance after count 44. \*\*\*\*\*

Tag: At the end of Wall 4 - Walk forward Right & Left