

Jar of Hearts

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Travis Taylor (AUS) - October 2011
音樂: Jar of Hearts - Christina Perri : (Album: LoveStrong)



Nightclub Basic R, Side L, Behind ¼ Forward, ½ Turn Pivot, Step Forward, Full Turn

1-2& Step R to R side, Rock back on L, Replace weight on R
3-4& Step L to L side, Step R behind L, ¼ turn L Step forward on L
5-6-7 Step forward on R, ½ turn L Pivot weight on L, Step forward on R
8& ½ turn R step L back, ½ turn R step R forward

Pivot ½, Sweep, Sweep, Rock Forward/Replace, ¼, Cross Side Behind Side

1-2 Step forward on L, ½ turn R Pivot weight on R
3-4 Step forward on L sweep R around, Step forward on R sweep L around
5-6 Rock forward on L, Replace weight on R
&7& ¼ turn L step L to L side, Cross R over L, Step L to L side
8& Step R behind L, Step L to L side

#WALL 1 STARTS HERE – SEE NOTE

Step Side, Behind ¼, Step Side, Behind ½, Pivot ½, Forward ½ ½ &

1-2& Step R to R side dragging L, Step L behind R, ¼ turn R Step forward on R
3-4& ¼ turn R step L to L side dragging R, Step R behind L, ¼ turn L Step forward L
5-6 Step forward on R, ½ turn L Pivot weight on L
7&8 Step forward on R, ½ turn R Step back on L, ½ turn R Step R forward
& Step/Switch L together

Rock Forward/Replace, Lock Shuffle Back, Step Forward ½ ½, Step ¼ Cross ¼

1-2 Rock forward on R, Replace weight on L
3&4 (&) Step back on R, Lock L over R, Step back on R (Hook L under R knee or Tap L over R)
5&6 Step forward on L, ½ turn L Step R back, ½ turn L step L forward

Easier: Lock Shuffle Forward for 5&6

7&8& Step forward on R, ¼ turn L Pivot weight on L, Cross R over L, ¼ turn R Step back L

Rock/Replace, Cross, Rock/Replace, Cross, Nightclub 2 Step Box Steps

1-2& ¼ turn R Rock R to R side ***6, Replace weight on L, Cross R over L
3-4& Rock L to L side, Replace weight on R, Cross L over R *2&4
5-6& Step R to R side, Drag/Step L together, Step forward on R
7-8& Step L to L side, Drag/Step R together, Step back on L **5

¼ Lunge/Replace, Cross Samba Cross, Step Side, Step ¼, Cross Samba Cross

1-2 ¼ turn R Lunge R to R side, Replace weight on L
3&4& Cross R over L, Rock L to L side, Replace weight on R, Cross L over R
5-6 Step R to R side dragging L together, ¼ turn L Step L to L side
7&8& Cross R over L, Rock L to L side, Replace weight on R, Cross L over R

#NOTE: The lyrics of the song starts immediately,

Disregard the First 16 Counts and Start the dance on Count 16

(Side, Behind ¼) on the word "Don't you know I'm not your Ghost anymore"

ONLY on Wall 1 to have a clean start to the dance

RESTARTS:

* On Walls 2 & 4, restart the dance on Count 36

** On Wall 5, restart the dance on Count 40,

***** On Wall 6, restart the dance on Count 32, Step R to R side for Count 1**

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