

Bottle of Red

COPPER KNOB
BY STEPHEN METZ

拍數: 48 牆數: 2 級數: Easy Intermediate
編舞者: Wendy Hughes (AUS) - September 2011
音樂: Drink Myself Single - Sunny Sweeney : (Album: Concrete)



Out Out, In In, Toe Heel, Toe ¼ R Kick R, Rock Back / Replace

&1&2 Step R forward on R 45, Step L forward on L 45, Step R back to Centre, Step L back to Centre
3-4 Touch R toe in L instep with L swiveled, Touch R heel on R 45 with L swiveled
5-6 Touch R toe in L instep with L swiveled, ¼ turn R Kick R forward
7-8 Rock back on R, Replace weight on L

Shuffle R, Shuffle L, Two 1/4 Paddle Turns L

1&2 Step forward on R, Step L together, Step forward on R
3&4 Step forward on L, Step R together, Step forward on L
5-6-7-8 Step forward on R, ¼ turn L Pivot/Paddle weight on L, Repeat

Kick Step, Kick Step, Kick & Out, Knee, Knee

1-2-3-4 Kick R across L, Step forward on R, Kick L across R, Step forward L (Travelling Forward)
5&6 Kick R across L, Step R to R side, Step L to L side (Feet Apart: Weight Even)
7-8 Elvis R knee in transfer weight on L, Elvis L knee in leaving weight on L

Shuffle Side, Rock Replace, Side Behind & Cross Step ¼ turn L

1&2 Step R to R side, Step L together, Step R to R side
3-4 Rock back on L, Replace weight on R
5-6& Step L to L side, Step R behind L, Step L to L side
7-8 Cross R over L, ¼ turn L step forward on L***

Rocking Chair, Full turn L, Step To R Hold

1-2-3-4 Rock forward on R, Replace weight on L, Rock back on R, Replace weight on L*
5-6 ½ turn L step R back, ½ turn L step L forward
7-8 Step R to R side, Hold (Feet Apart: Weight Even)

Slow Hip Rolls, Rocking Chair

1-2 Roll hips around Anti-Clockwise from L to R
3-4 Roll hips around Anti-Clockwise from L to R (Putting weight on L) **
5-6-7-8 Rock forward on R, Replace weight on L, Rock back on R, Replace weight on L

Restarts *Wall 3 & 5 - Restart on Count 36

**Wall 6- Leave the last 4 counts of the dance

***Wall 7 - Restart on Count 32