

# Goin' Commando

**COPPER** KNOB  
STEP SHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Bracken Heidenreich (USA) - September 2011  
音樂: Commander (feat. David Guetta) - Kelly Rowland



This is meant to be a beginner floor split for all those pop tracks out there. Enjoy!

32 count intro.

## Heel, Touch, Slide, Touch (2X)

1,2      Tap Right heel forward; Touch Right next to left  
3,4      Large step Right to right side; Touch Left next to right  
5,6      Tap Left heel forward; Touch Left next to right  
7,8      Large step Left to left side; Touch Right next to left

## Push 1/4 turn left, Kick ball change, Kick ball change

1-2      Using ball of Right foot, push 1/8 turn left; Replace weight to Left  
3-4      Using ball of Right foot, push 1/8 turn left; Replace weight to Left  
5&6      Kick Right forward; & Step ball of Right slightly back; Step Left in place  
7&8      Kick Right forward; & Step ball of Right slightly back; Step Left in place

## Step Touches

1,2      Step Right to forward right diagonal; Touch Left next to right  
3,4      Step Left to forward left diagonal; Touch Right next to left  
5,6      Step Right to back right diagonal; Touch Left next to right  
7,8      Step Left to back left diagonal; Touch Right next to left

## V-Step (2X)

1,2      Step Right to forward right diagonal; Step Left to forward left diagonal  
3,4      Step Right back to center; Step Left next to right  
5,6      Step Right to forward right diagonal; Step Left to forward left diagonal  
7,8      Step Right back to center; Step Left next to right

**Begin Again and Have Fun!!!**

This step sheet may be freely copied intact; however, modifications to this step sheet may not be made without the permission of the choreographer.

---