

Satisfied

COPPER **NOB**
BY STEPHEN BERTS

拍數: 32 牆數: 4 級數: Upper Intermediate
編舞者: Linda Burgess (AUS) - March 2011
音樂: Satisfied - Jewel



[1-4] SWAY, SWAY, TRIPLE TURN R

1,2,3&4 Step R to R swaying hips to R, replace weight to L swaying hips L, turn ¼ R & step fwd R, turn ½ R & step back L, turn ¼ R & step R to R side (weight R)

[5-8] SWEEP, SWEEP, FWD COASTER, SWEEP BACK

5,6,7&8& Sweep L fwd, sweep R fwd, step fwd L, step R beside L, step back L, sweep R around to R side

[9-12] BEHIND, ¼ STEP, STEP, REPLACE, ½, ½, ½,

1&2,3&4& Cross/step R behind L, turn ¼ L & step fwd L, rock/step fwd R, replace weight to L, turn ½ R & step fwd R, turn ½ R & step back L, ½ turn R & step fwd R

[13-16] STEP, PIVOT ½, ¼ DRAG, BEHIND, ¼ STEP, STEP, PIVOT ½

5&6, 7&8& Step L, pivot ½ turn R, turn ¼ R & step L to L side while dragging R, cross/step R behind L, turn ¼ L & step fwd L, step fwd R, pivot ½ turn L

[17-20] ROCK, REPLACE, ¼ SIDE, CROSS, ¼ BACK, ¼ SIDE

1,2&3&4 Rock/step fwd R, replace weight to L, turn ¼ R & step R to R, cross/step L over R, turn ¼ L & step back R, turn ¼ L & step L to L side

[21-24] TOGETHER, SIDE ROCK, REPLACE, ½ HINGE, CROSS SHUFFLE

&5,6&7&8 Step R beside L, rock/step L to L side, replace weight to R, hinge ½ turn L & step L to L side, cross/step R over L, step L to L, cross/step R over L **

[25-28] SLIDE, BEHIND, TOGETHER, SLIDE, BEHIND, ¼ STEP

1,2&3,4& Skate/Slide L to L side, cross/step R behind L, step L beside R, skate/slide R to R side, cross/step L behind R, turn ¼ R & step fwd R

[29-32] STEP, PIVOT ½, STEP, ½, ½

5,6,7&8 Step fwd L, pivot ½ turn R, step fwd L, turn ½ L & step back R, turn ½ L & step fwd L.

Begin Again!!

Tags: End of Wall 2 & 5 (both tags facing 6.00-back wall)

1-2 Cross/step R over L, unwind 360degL (changing weight to L)

Restart: Wall 3. (6.00) Dance counts 1-24 then step L beside R and Restart facing the front 12.00**

Restart: Wall 6 (6.00) Dance counts 1-12. then add ¼ hitch turn to R on (&)count(keeping weight on L) to restart facing the back (6.00).

Contact: One-Liner Bootscooters - onelnr@bigpond.net.au - www.freewebs.com/one-liners

Version 0.3