Perdoname

拍數: 36

級數: Intermediate

編舞者: William Sevone (UK) - September 2011

音樂: Perdoname - Sparx : (Album: No Hay Orto Amor)

(pronounced "Par-doe-nah-may")

Dance sequence:- 36-36-32-32-36-36-32-32

Choreographers note:- A soft Rumba with a QQS rhythm and Duplex Count. Refer to the Count split notes at the end of Count 28. The shorter 32 Counts walls always coincide with the Chorus.

Ideal for dancers who have just started learning dances in the Intermediate Level.

The English translation of Perdoname is 'Please Forgive Me'

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts with the main vocals.

Side. Cross. Unwind 1/2 Right. Sway. Side. Cross. Unwind 1/2 Right. Hold (12:00).

- 1 2 Step right to right side. Cross left over right.
- 3-4 Unwind $\frac{1}{2}$ right with a slight sway to right, weight on right (6). Sway to left with weight on left.
- 5 6 Step right to right side. Cross left over right.
- 7-8 Unwind $\frac{1}{2}$ right with a slight sway to right, weight on right (12). Hold transferring weight to left.

2x Cross-Back-Side-Hold (12:00).

- 9 10 Cross right over left. Step backward onto left.
- 11 12 Step right to right side. Hold.
- 13 14 Cross left over right. Step backward onto right.
- 15 16 Step left to left side. Hold.

2x Diagonal Lunge-Recover-Side-Hold (12:00)

17 – 18 Lunge step right diagonally left. Recover onto left.

Dance note: Count 17: bending at knees and sweeping right arm from right to left. Straighten for Count 18.

- 19 20 Step right to right side. Hold.
- 21 22 Lunge step left diagonally right. Recover onto right.
- Dance note: Count 21: bending at knees and sweeping left arm from left to right. Straighten for Count 22.
- 23 24 Step left to left side. Hold.

2x Diagonal Step. 1/2 Back. Touch Out (6)

25 – 26 Step right diagonally left. Step left diagonally right.

Dance note: Count 25 and 26: Keep lead foot facing forward.

27 – 28 Turn ½ left on ball of left & step backward onto right (6). Touch left back and out to left side.

WALLS: 1, 2, 5&6 (12:00 & 3:00) CONTINUE THE DANCE FROM COUNT 28 WITH :

Fwd. 1/2 Back. Touch Out. Hold. Fwd. 1/2 Back. Touch Together. 1/4 Fwd (3:00)

- 29-30 Step forward onto left. Turn $\frac{1}{2}$ left & step backward onto right (12).
- 31 32 Touch left back and out to left side. Hold.
- 33 34 Step forward onto left. Turn $\frac{1}{2}$ left & backward onto right (6).
- 35 36 Touch left next to right. Turn ¼ left & step forward onto left (3).

Restart dance from Count 1

WALLS: 3, 4, 7&8 (6:00 & 9:00) CONTINUE THE DANCE FROM COUNT 28 WITH :

- Slow 1/4 Sailor. Hold (3:00)
- 29 30 Cross left behind right. Turn ¼ left & step right next to left (3).
- 31 32 Step forward onto left. Hold.





牆數:4

Restart dance from Count 1

DANCE FINISH: Count 32 of 8th Wall facing 'Home'.