

Take It Off!

拍數: 32 牆數: 4 級數: Improver
編舞者: Søren Kristensen (DK) - August 2011
音樂: Take It Off - Joe Nichols : (Album: Show Dog)



Intro: 16 counts. Approx 13 sec

[1-8] Heel switches, Together, Mambo ½ turn, Shuffle Left, Point, Touch, Big step Right

1&2& Touch Right heel Fwd, Step Right together Left, Touch Left heel Fwd, Step Left together Right 12:00
3&4 Rock fwd on Right, Rock back on Left, Make ½ turn Right stepping fwd on Right 6:00
5&6 Step Fwd on Left, Step Right beside Left, Step fwd on Left 6:00
7&8 Point Right to Right, Touch Right beside Left, Big step Right 6:00

[9-16] Sailor step Left, Behind, ¼ turn, step, Side, Touch, Side, Touch, Lock step Back Left

1&2 Cross left behind Right, Step Right to Right, Step Left to Left 6:00
3&4 Cross Right behind Left, ¼ turn Left stepping Left fwd, Step Fwd on Right 3:00
5&6& Step Left to Left, Touch Right beside Left, Step Right to Right, Touch Left beside Right 3:00
7&8 Step Back on Left, Lock Right in front of Left, Step Back on Left 3:00

[17-24] Shuffle ½ turn Right, Side rock cross Left, Coaster cross, Kick ball cross

1&2 ¼ turn Right stepping Right to right, Step Left beside Right, ¼ Right stepping Right fwd 9:00
3&4 Rock Left to Left, Recover onto Right, Cross left over Right

***Restart here in wall 5. Facing 9:00 9:00**

5&6 Step back on Right, Step Left beside Right, Cross Right over Left 9:00
7&8 Kick Left, Step Left beside Right, Cross Right over Left 9:00

[25-32] Touch, Together, Heel Right, Together, Point Left, Hitch, Step, Step ½ turn Step Left, Step ½ turn step Right

1&2& Touch Left beside Right, Step Left beside Right, Touch Right heel fwd, Step Right beside Left 9:00
3&4 Point Left to Left, Hitch Left, Step fwd on Left 9:00
5&6 Step Fwd on Right, ½ turn Left Stepping onto Left, Step Fwd on Right 3:00
7&8 Step Fwd on Left, ½ turn Right Stepping onto Right, Step Fwd on Left 9:00

Restarts/Tags: Restart in wall 5 after 20 counts. In section 3 after Side rock cross.