Arms Around Me



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Greg Markish (USA) - August 2011

音樂: Arms - Christina Perri: (Album: Lovestrong)



[1-8] Step Right; Sway; Step; Hold; Weave Left; Hold

1-4 Step right to right side, Sway right and gently lift left arch towards right calf, Step left to left

side, Hold

5-8 Step right behind left, Step left to left side, Step right across left, Hold

[9-16] Step Left; Sway; Step; Hold; Weave Right; Hold

1-4 Step left to left side, Sway left and gently lift right arch towards left calf, Step right to right

side, Hold

5-8 Step left behind right, Step right to right side, Step left across right, Hold

[17-24] Step 1/4 Pivot Cross; Hold; Step 1/2 Turn Cross; Hold

1-4 Step right forward, Pivot ¼ left, Step right across left, Hold (9:00)

5-8 Step left to left side, Turn ½ right stepping right to right side, Step left across right, Hold

(3:00)

[25-32] Rock Recover Right Cross; Unwind; Rock Recover Left Cross; Hold

1-4 Rock right to right side, Recover left, Step right across left beginning an unwind left,

Complete full unwind with weight ending on right (3:00)

5-8 Rock left to left side, Recover right, Step left across right, Hold

*Restart here on Walls 5 and 11

[33-40] 3/4 Turn; Step; Hitch; 1/4 Arc Walk Back; Hitch

1-4 Turn ¼ left stepping right back, Turn ½ Left stepping left forward, Step right forward, Hitch left

knee (6:00)

5-8 Step back left, right, left while walking a ¼ arc turning right, Hitch right knee (9:00)

[41-48] Slow Coaster; Hold; Step ½ Pivot; Step; Hold

1-4 Step right back, Step left together with right, Step right forward, Hold

5-8 Step left forward, Pivot ½ right, Step left forward, Hold (3:00)

Begin again

RESTARTS:

Walls 5 and 11 after 32-counts – in both occurrences the 32-counts are all instrumental and follow a tag

TAGS:

Wall 4 – 8-count tag (below) at end of wall 4 (2nd time facing 12:00)

Wall 10 – 8-count tag (below) repeated twice at end of wall 10 (3rd time facing 6:00)

1-4 Rock right to right side, Recover left, Step right across left, Hold 5-8 Rock left to left side, Recover right, Step left across right, Hold

ENDING:

The song ends on wall 13 after 30-counts. Dance through the first 28-counts, up to and including the full unwind, then add the following:

29-30 Turn ¼ left stepping left forward, Hold (12:00)

