

Arms Around Me

COPPERKNOB
BY STEPHEN BRETZ

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Greg Markish (USA) - August 2011
音樂: Arms - Christina Perri : (Album: Lovestrong)



Start dancing on lyrics, "I never thought..." approximately 6 seconds into track.
Sequence of Walls: 48-48-48-48-Tag-32*-48-48-48-48-48-Tag-Tag-32*-48-Ending

[1-8] Step Right; Sway; Step; Hold; Weave Left; Hold

- 1-4 Step right to right side, Sway right and gently lift left arch towards right calf, Step left to left side, Hold
5-8 Step right behind left, Step left to left side, Step right across left, Hold

[9-16] Step Left; Sway; Step; Hold; Weave Right; Hold

- 1-4 Step left to left side, Sway left and gently lift right arch towards left calf, Step right to right side, Hold
5-8 Step left behind right, Step right to right side, Step left across right, Hold

[17-24] Step ¼ Pivot Cross; Hold; Step ½ Turn Cross; Hold

- 1-4 Step right forward, Pivot ¼ left, Step right across left, Hold (9:00)
5-8 Step left to left side, Turn ½ right stepping right to right side, Step left across right, Hold (3:00)

[25-32] Rock Recover Right Cross; Unwind; Rock Recover Left Cross; Hold

- 1-4 Rock right to right side, Recover left, Step right across left beginning an unwind left, Complete full unwind with weight ending on right (3:00)
5-8 Rock left to left side, Recover right, Step left across right, Hold

***Restart here on Walls 5 and 11**

[33-40] ¾ Turn; Step; Hitch; ¼ Arc Walk Back; Hitch

- 1-4 Turn ¼ left stepping right back, Turn ½ Left stepping left forward, Step right forward, Hitch left knee (6:00)
5-8 Step back left, right, left while walking a ¼ arc turning right, Hitch right knee (9:00)

[41-48] Slow Coaster; Hold; Step ½ Pivot; Step; Hold

- 1-4 Step right back, Step left together with right, Step right forward, Hold
5-8 Step left forward, Pivot ½ right, Step left forward, Hold (3:00)

Begin again

RESTARTS:

Walls 5 and 11 after 32-counts – in both occurrences the 32-counts are all instrumental and follow a tag

TAGS:

Wall 4 – 8-count tag (below) at end of wall 4 (2nd time facing 12:00)

Wall 10 – 8-count tag (below) repeated twice at end of wall 10 (3rd time facing 6:00)

- 1-4 Rock right to right side, Recover left, Step right across left, Hold
5-8 Rock left to left side, Recover right, Step left across right, Hold

ENDING:

The song ends on wall 13 after 30-counts. Dance through the first 28-counts, up to and including the full unwind, then add the following:

- 29-30 Turn ¼ left stepping left forward, Hold (12:00)

