

Parapapapa

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Intermediate / Advanced
編舞者: Alice Lim (SG) - August 2011
音樂: Rap das Armas - Cidinho & Doca



Intro: 32 counts - Sequence : AATagB, AAAB, AAAB, B+Ending

PART A - 32 counts

R side rock, Back cross point, Cross rise-kick, Sailor ¼ turn

1-2 R rock to side, L recover
&34 R slightly back and near to L, L cross over R, Point R out to side
5 Step R slightly across L bending knees to lower body (fingers on respective shoulders)
6 Rise by standing up on R toes kicking L out to side (both hands reach up for ceiling)
7&8 Sweep L behind R, Turn ¼ L stepping R to side, L fwd (9.00)

¼ Turn back rock, Side back rock, R shuffle, L shuffle

1&2 Turn ¼ L stepping R to side, Rock L behind R, R recover (click fingers on R side) (6.00)
3&4 L to side, Rock R behind L, L recover (click fingers to L side)
5&6 Shuffle fwd towards R diagonal stepping RLR (roll fists)
7&8 Shuffle fwd toward L diagonal stepping LRL (roll fists)

Fwd, 3/8 turn, ½ turn, Step, Hip bumps RCR, LCL

1-2 R fwd, Turn 3/8 L stepping L fwd, (12.00)
3 Turn ½ L stepping R back (place R palm on back of head) (6.00)
4 Step L together (place L palm on back of head)
5&6 Bump hips R, centre, R (wave fists above head RCR)
7&8 Bump hips L, centre, L (wave fists above head LCL)

¼ Turn, Hitch-turn, ¼ Turn, Hitch-turn, Cross, ½ Turn, Sailor ½ turn

1-2 Turn ¼ R stepping R fwd, Turn ¼ R hitching L knee up (12.00)
3-4 Turn ¼ R stepping L back, Turn ¼ L hitching R knee up (6.00)
5-6 R cross over L, ½ turn L (wt on R foot) (12.00)
7&8 Sweep L behind R, Turn ½ R stepping R to side, Cross L over R (6.00)

PART B - 32 counts

Toe Switches with ¼ turn, Cross, Spiral full turn, Walk, Walk, Fwd, Pivot ½ turn

1&2 R touch out to side, Turn ¼ R step R together, L touch out to side (9.00)
3 L cross over R (cross arms-R fingers on L shoulder and L fingers on R shoulder)
4 Spiral full turn R (slide fingers to respective shoulders uncrossing arms)
5-6 Walk forward R, L
7-8 Step R fwd, Pivot ½ turn L stepping fwd on L (3.00)

Toe Switches, Cross, Spiral full turn, Walk, Walk, Fwd, Pivot ½ turn

1&2 R touch out to side, Step R together, L touch out to side
3-8 Same as 3-8 of above section (9.00)

Side, Behind ¼ turn, Diagonal fwd, Tap, Side, Behind, Hip bumps

1-2& R to side, L behind R, Turn ¼ R stepping R fwd (12.00)
3 L fwd to diagonal L (both arms up to draw circles in opposite directions with hands)
4 Tap R beside L (drop arms sides of thighs)
5 R to side (raise R hand up)
6 Step L ball behind R foot (raise L hand up keeping R hand up – palms facing each other)

7&8 Bump hips fwd back fwd (clap hands above head 2X)

Mambo step, Turn step, Turn step, Kick ball step

1&2 L fwd, R recover, L back
3-4 Turn $\frac{1}{2}$ R stepping R fwd, Step L fwd
5-6 Turn $\frac{1}{2}$ R stepping R fwd, Step L fwd
7&8 R kick, R together, R fwd

Tag : At end of 2nd A, you will be facing FW. Add the following 4 counts:

1-2 R cross over L, Turn $\frac{1}{4}$ R stepping back on L
3-4 Turn $\frac{1}{4}$ R stepping R to side, Step L fwd (6.00)

Ending : At end of last B, you will be facing B.W. Do the following 10 counts:

1&2 Turn $\frac{1}{4}$ R and shuffle fwd stepping RLR (roll fists) (9.00)
3&4 Turn $\frac{1}{2}$ L and shuffle fwd stepping LRL (roll fists) (3.00)
5&6 Shuffle R fwd stepping RLR
7&8 Turn $\frac{1}{4}$ L and shuffle fwd LRL (12.00)
1 Point R out (wt on L)
2 Hold pose
