

Lay It On Me

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Heather Barton (SCO) - August 2011
音樂: Lay It On Me - Chris Young



Into 32 Counts start on vocals

S1: RIGHT LOCK STEP BRUSH, LEFT LOCK STEP BRUSH (Slightly Diagonal)

1-4 Step forward right, lock left behind right, step forward right, brush left
5-8 Step forward left, lock right behind left, step forward left, brush right

S2: JAZZ BOX RIGHT WITH TOE STRUTS

1-4 Cross right toe over left, drop right heel on floor, Touch left toe back, drop left heel on floor
5-8 Touch right toe to right side, drop right heel on floor, cross left toe over right, drop left heel on floor

RESTART DANCE HERE ON WALL 4 (facing 3 o'clock)

S3: RIGHT SIDE ROCK with WEAVE (Rock step behind, rock step behind, side cross)

1-4 Rock right to right side, recover on left, cross right behind left, rock left to left side
5-8 Recover on right, cross left behind right, step right to right side, cross left over right

S4: SIDE RIGHT TOE STRUT, ROCK BACK, SIDE LEFT TOE STRUT, ROCK BACK

1-4 Touch right toe to right side, drop right heel on floor, rock back on left, recover on right
5-8 Touch left toe to left side, drop left heel on floor, rock back on right, recover on left

S5: SIDE TOE STRUT, CROSS TOE STRUT, ¼ TURN RIGHT TOE STRUT, FORWARD TOE STRUT

1-4 Touch right toe to right side, drop right heel on floor, cross left toe over right, drop left heel on floor
5-8 ¼ Turn right touch right toe forward, drop right heel on floor, touch left toe forward, drop left heel on the floor

S6: RIGHT ROCKING CHAIR, STOMP, ½ HEEL BOUNCE X3

1-4 Rock forward on right, recover on left, rock back on right, recover on left
5-8 Stomp right foot forward, bounce both heels up & down ½ turning left (ending weight on right)

S7: LEFT COASTER STEP SCUFF, STEP SCUFF

1-4 Step back on left, step right beside left, step forward on left, scuff right foot forward
5-8 Step forward on right, scuff left forward, step forward on left, scuff right forward

RESTART DANCE HERE ON WALLS 2(back wall) & 5 (front wall)

S8: SIDE TOUCHES RIGHT & LEFT, RIGHT WEAVE CROSS

1-4 Step right to right side, touch left beside right, step left to left side, touch right beside left
5-8 Step right to right side, step left behind right, step right to right side, cross left over right

Restarts:

Walls 2 & 5 Dance up to count 56

Wall 4 Dance first 16 counts

HAPPY DANCING Heather x