

This Ole Boy

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Karen Tripp (CAN) - August 2011
音樂: This Ole Boy - Craig Morgan



Start on lyrics (32-count wait)

WALK 2, KICK BALL CHANGE, ROCK/RECOVER, ½ TURN SHUFFLE

1-2 Walk right, left
3&4 Kick with right, step on ball of right foot, step on left
5-6 Rock forward with right, recover on left
7&8 Turning shuffle to face reverse, right-left-right

WALK 2, KICK BALL CHANGE, ROCK/RECOVER, BACK 2

9-10 Walk left, right
11&12 Kick with left, step on ball of left foot, step on right
13-14 Rock forward on left, recover on right
15-16 Walk back left, right

BACK COASTER, ROCK ¼ LEFT/RECOVER SIDE, CROSSING SHUFFLE, ROCK SIDE/RECOVER

17&18 Step back on left, close right to left, step forward on left
19-20 Rock forward on right turning, recover on left turning ¼ left
21&22 Cross right over left, step on left, cross right over left
23-24 Rock side on left, recover side on right

CROSSING SHUFFLE**, HALF TURN LEFT, FORWARD SHUFFLE, WALK, TOUCH

25&26 Cross left over right, step on right, cross left over right
27-28 Step back ¼ left on right, turn another ¼ left face and step on left
29&30 Step forward on right, close left to right, step forward on right
31-32 Walk forward on left, touch right next to left

HEEL SWITCHES FORWARD & FORWARD, RIGHT & LEFT – ALL TWICE

33& Touch right heel forward, step on right
34& Touch left heel forward, step on left
35& Touch right toe to right side, step on right
36& Touch left toe to left side, step on left
37&38&39&40& Repeat 33 to 36&

ROCK FORWARD/RECOVER, BACK COASTER, ROCK FORWARD/RECOVER, BACK COASTER

41-42, 43&44 Rock forward on right, recover on left, step back on right, close left to right, step forward on right
45-46, 47&48 Rock forward on left, recover on right, step back on left, close right to left, step forward on left

HEEL SWITCHES FORWARD & FORWARD, RIGHT & LEFT – ALL TWICE

49-56 Repeat steps 33 to 40&

ROCK FORWARD/RECOVER, BACK COASTER, ROCK FORWARD/RECOVER, BACK COASTER

57-64 Repeat steps 41-48

** Dance ends here facing 12:00