

Melon Heart

COPPERKNOB
STEPSHEETS

拍數: 64
牆數: 2
編舞者: Niels Poulsen (DK) - August 2011
音樂: Corazón De Melao - Emmanuel

級數: Intermediate Cha Cha



NOTE: No tags, no restarts. It phrases perfectly!

Intro: 64 counts from first beat (app. 32 seconds into track). Start with weight on R

[1 – 9] Side L, ¼ L into R rock fw, ¼ R chasse, together, ¼ R lock step fw, step ½ R

1 – 3 Step L to L side (1), turn ¼ L rocking fw on R (2), recover back on L (3) 9:00
4&5& Turn ¼ R stepping R to R (4), step L next to R (&), step R to R (5), step L next to R (&) 12:00
6&7 Turn ¼ R stepping fw on R (6), lock L behind R (&), step fw on R (7) 3:00
8 – 1 Step fw on L (8), turn ½ R stepping onto R (1) 9:00

[10 – 17] L step lock step, cross, point L, cross, point R, ¼ Monterey R, point L

2&3 Step fw on L (2), lock R behind L (&), step fw on L (3) 9:00
4 – 5 Cross R slightly in front of L (4), point L to L side (5) * See note at bottom of page... 9:00
6 – 7 Cross L slightly in front of R (6), point R to R side (7) * See note at bottom of page... 9:00
8 – 1 Turn ¼ R on L stepping R next to L (8), point L to L side (1) 12:00

[18 – 25] L step lock step, R rock fw, ½ shuffle R, fw L, ½ R

2&3 Step fw on L (2), lock R behind L (&), step fw on L (3) 12:00
4 – 5 Rock fw on R (4), recover weight back on L (5) 12:00
6&7 Turn ¼ R stepping R to R side (6), step L next to R (&), turn ¼ R stepping fw on R (7) 6:00
8 – 1 Step fw on L (8), turn ½ R stepping onto R foot (1) 12:00

[26 – 33] L step lock step, R rocking chair, R kick and touch fw

2&3 Step fw on L (2), lock R behind L (&), step fw on L (3) 12:00
4 – 5 Rock fw on R (4), recover back on L (5) * See note at bottom of page... 12:00
6 – 7 Rock back on R (6), recover fw on L (7) * See note at bottom of page... 12:00
8&1 Kick R fw (8), step back on R (&), touch L fw bending in L knee (1) 12:00

[34 – 41] Push and roll knee and hips, coaster cross, & cross & cross, side R, together flick 1/8 L

2&3 Push your L hip and L knee fw (2), roll your L knee and L hip to the L side (&), push hips back leaving L leg pointed fw (3) - weight on R foot 12:00
4&5 Step back on L (4), step R next to L (&), cross L over R (5) 12:00
&6&7 Step R small step to R (&), cross L over R (&), step R small step to R (&), cross L over R (7) 12:00
8 – 1 Step R to R side (8), step L next to R turning 1/8 L on L foot and flicking R leg back (1) 10:30

[42 – 49] R step lock step, 1/8 R into L side rock, together, R side rock, together, L chasse

2&3 Step R fw towards 10:30 (2), lock L behind R (&), step fw on R (3) 10:30
4 – 5& Turn 1/8 R rocking L to L side (4), recover weight to R (5), step L next to R (&) 12:00
6 – 7& Rock R to R side (6), recover weight to L (7), step R next to L (&) 12:00
8&1 Step L to L side (8), step R next to L (&), step L to L side (1) 12:00

[50 – 57] Diagonal R rock fw, R back lock step, L back rock, L step lock step fw

2 – 3 Turn 1/8 L rocking fw on R (2), recover weight back on L (3) 10:30
4&5 Step back on R (4), lock L over R (&), step back on R (5) 10:30
6 – 7 Rock back on L (6), recover weight fw onto R (7) 10:30
8&1 Step fw on L (8), lock R behind L (&), step fw on L (1) 10:30

[58 – 64] Sweep cross with 1/8 L, side L, behind, side L, turn ¼ L, rock L fw, modified L coaster

2 – 3 Sweep R fw crossing R over L and turning 1/8 L (2), step L to L side (3) 9:00
4&5 Cross R behind L (4), step L a small step to L side (&), turn ¼ L on L stepping fw on R (5)
6:00
6 – 7 Rock fw on L (6), recover back on R (7) 6:00
8& Step back on L (8), step R next to L (&) 6:00

Start again... and ENJOY!

ENDING You'll end the dance doing wall 7. Do up to count 33, facing 12:00, and hold it! Ta-daa

NOTE: During the chorus: The beats for counts 4 – 7 are a little stronger/faster. Hit them!
