

# We Can Help U With That

拍數: 32      牆數: 4      級數: Improver  
編舞者: Fred Buckley (CAN) & Vivienne Scott (CAN) - August 2011  
音樂: I Can Help You With That - Shane Yellowbird



## Start dancing on lyrics

### Rock Forward, Recover, Shuffle Back, Touch ½ Turn, Scissor Step

1,2      Rock right forward, recover to left  
3&4      Chassé back right, left, right  
5,6      Touch left behind right, turn ½ left (weight on left)  
7&8      Step right to side, step left together, cross right over left

### Long Step Side, Sweep, Sailor ¼ Turn, 2 Count ½ Turn Traveling Forward, ½ Turn Shuffle Forward

1,2      Step left long step to left side, sweep right out to right side  
3&4      Turn ¼ right and cross right behind left, step left together, step right forward  
5,6      Step left forward turning ¼ left, step right back turning ¼ left  
7&8      Turn ½ left and shuffle forward stepping left, right, left

#### Easier option:

5,6      Step left forward, step right forward  
7&8      Chassé forward left, right, left

### Step Side, Step Together, Back Coaster Step, Rock Forward, Recover, ½ Turn Toe Strut

1,2      Step right to side, step left together  
3&4      Step right back, step left together, step right forward  
5,6      Rock left forward, recover to right  
7,8      Turn ½ left and touch left toe forward, drop heel

### Rock Forward, Recover, ½ Turn Toe Strut, Rock Forward, Recover, ½ Turn Shuffle

1,2      Rock right forward, recover to left  
3,4      Turn ½ right and touch right toe forward, drop heel  
5,6      Rock left forward, recover to right  
7&8      Turn ½ left and shuffle forward stepping left, right, left

## Repeat

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