

# Higher Ground

**COPPER KNOB**  
STEPPERS

拍數: 72                      牆數: 2                      級數: Improver  
編舞者: Amy Christian (USA) - August 2011  
音樂: Higher Ground - UB40



**Intro: Start when Drums Start. (Right after the lyrics "Higher Ground". Approximately at 0.24secs.)**

**S1: R SIDE MAMBO, L SIDE MAMBO, ROCK, RECOVER, TRIPLE ½,**

1&2                      Step R to right side, Recover on L, Step R next to L,  
3&4                      Step L to left side, Recover on R, Step L to next to R,  
5-6                      Rock forward on R, Recover on L,  
7&8                      Triple ½ turning right, R,L,R, (6:00),

**S2: L SIDE MAMBO, R SIDE MAMBO, ROCK, RECOVER, ¼ SIDE SHUFFLE,**

1&2                      Step L to left side, Recover on R, Step L next to R,  
3&4                      Step R to right side, Recover on L, Step R next to L,  
5-6                      Rock forward on L, Recover on R,  
7&8                      ¼ Turn left, shuffle to left side, (9:00),

**S3: WEAVE LEFT,**

1-4                      Step R across L, Step L to left side, Step R behind L, Step L to left side,

**S4-S6: Repeat the above 20 counts again, which is,....**

**R SIDE MAMBO, L SIDE MAMBO, ROCK, RECOVER, TRIPLE ½,  
L SIDE MAMBO, R SIDE MAMBO, ROCK, RECOVER, ¼ SIDE SHUFFLE,  
WEAVE LEFT,**

**S7: STEP BUMP & BUMP, STEP BUMP & BUMP, ROCK, RECOVER, ¼ SIDE SHUFFLE,**

1&2                      Step R forward and Double Bump,  
3&4                      Step L forward and Double Bump,  
5-6                      Rock forward on R, Recover on L,  
7&8                      ¼ Turn right, Side Shuffle, (9:00),

**S8: CROSS ROCK SIDE, CROSS ROCK SIDE, STEP, PIVOT ½, STEP PIVOT ½,**

1&2                      Rock L over R, Recover on R, Step L to left side,  
3&4                      Rock R over L, Recover on L, Step R to right side,  
5-6                      Step forward on L, Pivot ½ turn right on R, (3:00),  
7-8                      Step forward on L, Pivot ½ turn right on R, (9:00),(Option – do a Rocking Chair on counts  
5-8)

**S9: KICKBALL STEP, KICKBALL STEP, DOUBLE BUMP, HIP ROLL,**

1&2                      Kick L forward, Step on ball of L, Step forward on R, (moving forward),  
3&4                      Kick L forward, Step on ball of L, Step forward on R, (moving forward),  
5&6                      Step L to left side as you bump left, twice,  
7-8                      Roll hips counter clockwise, weight ending on L,

**S10: TRIPLE FWD, TRIPLE FWD, 1/8 HIP ROLLS,**

1&2                      Triple forward, R,L,R,  
3&4                      Triple forward, L,R,L,  
5-6                      1/8 pivot turning left, R, L,(4:00),  
7-8                      1/8 pivot, turning left, R,L, (6:00),

**Begin again!!!**

