Calgary Stampede Stomp



拍數: 40 牆數: 1 級數: Beginner

編舞者: Unknown - July 2011

音樂: Wait A Minute - Sara Evans



Choreographers note: Dedicated to our good buddy Knox Rhine, world class choreographer! 32 count intro.

Heel Splits x2

1-2-3-4 Heel: Apart, Together, Apart, Together 5-6-7-8 Heel: Apart, Together, Apart, Together

Hip Bumps, Hip Swings

1-2 Bump right hip to the right twice
3-4 Bump left hip to the left twice
5-6-7-8 Swing hips right, left, right, left

Stomp x2, Hand Brush x2, Clap x2, Snap Fingers x2

1-2 Stomp right foot beside left foot twice

3-4 Brush/slap both hands (palms) back and across hips. Brush/slap both hands (palms) forward

across hips

5-6 Clap hands twice at chest level

7-8 Snap fingers of right hand in the air at right shoulder level. Snap fingers of left hand in the air

at left shoulder level.

Stomp x2, Hand Brush x2, Clap x2, Arm Pump's x2

1-2 Stomp right foot beside left foot twice

3-4 Brush/slap both hands (palms) back and across hips. Brush/slap both hands (palms) forward

across hips

5-6 Clap hands twice at chest level

7-8 Make a fist with both hands and pump arms in an up and down motion twice at chest level

Toe Fans (keep both feet slightly apart)

1-2-3-4 Fan right toe out in, out in 5-6-7-8 Fan left toe out in, out in

REPEAT & HAVE FUN