You Are Perfect



編舞者: Mathias Pflug (DE) - August 2011

音樂: F**kin' Perfect - P!nk



Intro: When the instruments start to play.

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Coaster Step.	Shuffla	forward	Mamho	Stan	Sween	SWAAN

1&2	right Step back, step left beside right, right step forward
3&4	Step forward left, step right beside left, step left forward
5&6	Step forward, step left in place, step right beside left
7-8	left step back with sweep, RF step back with sweep

Sailor ¼ Turn Shuffle, Side Rock, Cross, Side Rock, Cross, Kick Ball Change

1&2	4 turn right, cross left behind right, step right beside left, left step forward 3:00
3&4	Step right, rock back onto left, cross right over left
5&6	Step left to left, rock back onto right, Cross left over right
7&8	Kick right forward, step right beside left, step left beside right

Point Forward-Point Side-Point Back, Coaster Step R + L

1&2	Touch right toe forward, touch right toe to right, touch right toe back
3&4	Right step back, step left beside right, right step forward
5&6	Like 1&2 but start with left and left side
7&8	Like 3&4 but start with left and left side

Forward Shuffle, Rock Forward, Tap, Unwind ½ Turn, Kick-Close-Back

1&2	Step right forward, step left beside right, step right forward
3-4	Step forward left & rock right, recover onto right
5-6	Touch left bal behind right, ½ turn left (weight to left) 9.00
7&8	Kick right forward, step left beside right. LF step back

Have Fun!

Tag - (after the 2nd and 6th rounds) Mambo step back, Mambo Step Forward

1&2	right step back, left step on place, step right next to left
3&4	Step forward, step right in place, step left beside right