Let's Go Swimming, Darlin' (P)



拍數: 32 牆數: 0 級數: Beginner Couple

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音樂: Something In the Water - Brooke Fraser



(Basics by "Something In The Water" by Niels Poulsen)

Note: The couples are standing in sweatheart position. Build a circle so, that you a have a look on the backs of your front couples.

Step, Kick, Back, Touch Back, Locking Shuffle Forward, Rock Forward

1-2 Right step forward - Kick left forward3-4 Left step back -Touch right toe behind

5&6 Cha-Cha forward (R-L-R)

7-8 Step left forward & Rock right, Recover to right

Shuffle Back L + R (Lady: Full Shuffle Turn Left), Rock Back, Locking Shuffle Forward

1&2 Cha-Cha backward (L-R-L)

(Lady: Seperate Left Hands! When you make 1&2 you have to make 1/2 Left Turn)

3&4 Cha-Cha backward (R-L-R)

(Lady: When you make 3&4 you have to make 1/2 left turn, Recollect the left hands)

5-6 LF step back & rock right, Recover to right

7&8 LF step forward, lock right behind left, step left forward

Side Rock, Crossing Shuffle, Side Rock, Behind-Side-Cross

1-2 RF step to right & LF rock - Recover to LF

3&4 Cross right over left, step left beside right, cross right over left

5-6 LF step left & rock right - recover to right

7&8 Left Step Back, Step right beside left, Cross left over right

Point, Hold & Point, Hold & Heel, & Heel & Heel-Toe-Heel

1-2 Point R to R side, hold

&3-4 Step R next to L, point L to L side, hold

&5&6 Step L next to R, touch R heel fw, step R next to L, touch L heel fw

&7&8 Step L next to R, touch R heel fw, Touch right to next to LF, Touch right heel next to LF

Have Fun!

Note: This dance is specially choreographed for all those line dancers, who want to dance "Something In The Water" as a couples dance.