

# Dance On The Double

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Roz Chaplin (UK) & Colin B Smith (UK) - August 2011  
音樂: Lost In the Shuffle - Michael Peterson : (CD: Michael Peterson)



32 Count Intro starts on Vocals

## DIAGONAL FORWARD TOUCH, DIAGONAL BACK, KICK, COASTER STEP, SCUFF

1-2      Step forward on right, touch left beside right  
3-4      Step back on left, kick right foot forward  
5-6      Step back on right, step left beside right  
7-8      Step forward on right, scuff left foot forward

## SIDE TOUCH X2, SIDE TOGETHER, ¼ TURN, TOUCH

1-2      Step left to left side, touch right beside left  
3-4      Step right to right side, touch left beside right  
5-6      Step left to left side, close right beside left  
7-8      ¼ turn left stepping forward on left, touch right beside left (9)

## KICK BALL CHANGE, ROCKING CHAIR, KICK BALL CHANGE

1&2      Kick right forward, step right beside left, step left in place  
3-4      Rock forward on right, recover on left  
5-6      Rock back on right, recover on left  
7&8      Kick right forward, step right beside left, step left in place

## MONTEREY ½ TURN, ROCKING CHAIR

1-2      Touch right toe to right side, make ½ turn right stepping right to right side (3)  
3-4      Touch left toe to left side, step left beside right (taking weight)  
5-6      Rock right forward, recover onto left  
7-8      Rock back on right, recover onto left

## HEEL GRIND ¼ TURN, ROCK BACK, RECOVER, FULL TURN RIGHT

1-2      Touch right heel forward, grind ¼ turn to right (weight on left) (6)  
3-4      Rock back on right, recover onto left  
5-6      Step right forward, make ½ turn to right stepping left back  
7-8      Make ½ turn to right stepping right forward, step left forward (6)

**Easier Option 5-8 Walk forward right, left, right, left**

## ROCK STEP, COASTER STEP, KICK & POINT SWITCH ¼ TURN

1-2      Rock forward on right, recover on left  
3&4      Step right back, step left beside right, step right forward  
5&6      Kick left forward, step left beside right, point right to right  
&7-8      Step right beside left, point left to left, make ¼ turn to left (weight on right) (3)

## ROCK STEP, 2X SHUFFLE BACK, TOE TURN

1-2      Rock forward on left, recover on right,  
3&4      Shuffle back stepping left, right, left  
5&6      Shuffle back stepping right, left, right  
7-8      Touch left toe back, make ½ turn to left (weight on left) (9)

## BOTAFOGO X 2, JAZZ BOX

1&2      Step right forward, rock left to left, recover on right  
3&4      Step left forward, rock right to right, recover on left

5-6            Cross right over left, step left back  
7-8            Step right to right, cross left over right

**TAG. AT THE END OF WALLS 2 & 5, REPEAT BOTAFOGO X2, JAZZ BOX.**

**Choreographer's Note: Especially Written for Ros's Workshop August 2011**

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