

Strong Enough

COPPERKNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Diba Munaf (INA) - August 2011
音樂: Karena Ku Sanggup - Agnes Monica



Start dance on vocal

SECTION 1

1 Step LF to L
2 Cross RF behind LF
& Sweeping LF front to back
3 Put weight on LF
& Step RF to R
4 Lunge with LF fwd diagonal (1.30)
5 RF big step back
6 LF big step back
7 Cross RF behind LF
& Step LF to L (12.00)
8 Cross RF over LF
& Recover to LF

SECTION 2

1 4 Figure with RF turning $\frac{1}{4}$ R (3.00)
2 Cross RF behind LF
& Step LF to L
3 Cross RF over LF
& Sweeping LF back to front
4 Cross LF over RF
& Close RF to LF
5 Cross LF over RF
6 Recover to RF
& Step LF to L
7 Cross RF over LF
8 Recover to LF
& Close RF to LF

SECTION 3

1 Turn $\frac{1}{4}$ R stepping LF to L (6.00)
2 RF rock back
& Recover to LF
3 Turn $\frac{1}{4}$ R stepping RF fwd (9.00)
4 $\frac{1}{2}$ turn R LF back (3.00)
& $\frac{1}{2}$ turn R RF fwd (9.00)
5 Step LF fwd
6 Kick RF fwd
& Turn $\frac{1}{2}$ L while hitching RF (3.00)
7 Step RF fwd
& Lock LF behind RF
8 Step RF fwd
& Step LF fwd

SECTION 4

- 1 Turn ½ R weight on RF (9.00)
- 2 Turn ? to R Step LF fwd (10.30)
- & Step RF fwd
- 3 Step LF fwd
- 4 Step RF back
- & Step LF back
- 5 Turn ? to R Stepping RF to R (12.00)
- 6 Turn ? to R Step LF fwd (1.30)
- & Step RF fwd
- 7 Step LF fwd
- & Step RF back
- 8 Step LF back
- & Close RF to LF turning ? to R (6.00)

RESTART 1: At wall 3 do only 16 count and Restart from beginning (6.00)

RESTART 2 (modified restart)

At wall 5 on 1st section, do a slow sweep with your LF on count 5, 6, then 2 step back on 7, 8 (R, L) Restart from beginning (12.00)

RESTART 3 + Tag

At wall 7 do only 16 count, and add a full unwind to L (4 count)

Restart from beginning (12.00)

RESTART 4: At Wall 9 do 24 count and Restart while turning 1/4 R (12.00)

ENDING: At wall 11 do only 16 count.

You will end facing 12.00

Enjoy the dance & the music..
