

# Back in Time

拍數: 32      牆數: 4      級數: Beginner / Improver  
編舞者: Robbie McGowan Hickie (UK) - August 2011  
音樂: Bajo la Luna - Sparx



## Alternatives:

"She Can't Let Go" by Glenn Frey. CD: "No Fun Aloud" (98 bpm) 16 Count intro.

"Wouldn't It Be Nice" by Jason Allen (118 bpm...32 Count intro) CD: Wouldn't It Be Nice

"Just Like A Boomerang" by Andrés Esteche (118 bpm...32 Count intro – Start on Vocals)(Not Phrased) CD: Just Like A Boomerang

## Forward Rock. Left Shuffle 1/2 Turn Left. Step. Pivot 1/2 Turn Left. Right Shuffle Forward.

- 1 – 2      Rock forward on Left. Rock back on Right.
- 3 & 4      Left shuffle making 1/2 turn Left stepping Left. Right. Left.
- 5 – 6      Step forward on Right. Pivot 1/2 turn Left.
- 7 & 8      Right shuffle forward stepping Right. Left. Right. (Facing 12 o'clock)

## Cross Rock. Chasse Left. Cross Rock. Chasse 1/4 Turn Right.

- 1 – 2      Cross rock Left over Right. Rock back on Right.
- 3 & 4      Step Left to Left side. Close Right beside Left. Step Left to Left side.
- 5 – 6      Cross rock Right over Left. Rock back on Left.
- 7 & 8      Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right.

## Forward Rock. Triple Step Full Turn Left. Forward Rock. Right Shuffle 1/2 Turn Right.

- 1 – 2      Rock forward on Left. Rock back on Right. (Facing 3 o'clock)
- 3 & 4      Left triple step (on the spot) making Full turn Left stepping Left. Right. Left.
- 5 – 6      Rock forward on Right. Rock back on Left.
- 7 & 8      Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 9 o'clock)

## Easier Option: Counts 3&4 above ... Left Coaster Step

## Forward Rock. Behind & Cross. Side Rock. Behind & Step Forward.

- 1 – 2      Rock forward on Left. Rock back on Right.
- 3 & 4      Cross Left behind Right. Step Right to Right side. Cross step Left over Right.
- 5 – 6      Rock Right out to Right side. Recover weight on Left.
- 7 & 8      Cross Right behind Left. Step Left to Left side. Step forward on Right. (Facing 9 o'clock)

## Start Again