

拍數: 48 牆數: 2 級數: Intermediate NC2S

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音樂: Blind - Jason Derulo: (iTunes)



Count In – 16 Counts From The Beginning Of The Song.

Step.	Cross Rock Recover.	Back Sweep.	Behind.	Forward 1/4.	. Side 1/4.	Forward ½, Chasse Drag.
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1, 2&	Step forward on left, cross rock right in front of left, recover back on left.
3, 4	Step back on right as you sweep left behind, step left behind right.

&5, 6 Step forward on right as you make ¼ turn right, step left to left side making ¼ turn right, step

forward on right as you make ½ turn right.

7&8 Step left to left side, step right next to left, step left to left side dragging right towards left.

Rock Recover Step, Run, Run, Touch, Run Back, Run Back, Touch Behind, Unwind 3/8, Rock Recover.

1&2 Rock back on right (as you do this face your body towards right diagonal and stay facing right

diagonal), recover forward on left, step forward on right.

Run forward left, right, touch left toes forward.

5&6 Run back left, right, touch left toes back.

7 Unwind 3/8 of a turn left finishing with weight on left. 8& Rock forward on right, recover back on left. *R2*

Back Sweep, Back Sweep, Behind, Side, Cross Rock Recover, Side, Cross Rock Recover, forward 1/4, Step.

1, 2 Step back on right as you sweep left behind, step back on left as you sweep right behind.

Step right behind left, step left to left side, cross rock right over left.

Recover back on left, step right to right side, cross rock left over right.

7&8 Recover back on right, step left forward making 1/4 of a turn left, step right forward

Rock Recover, Back Lock, Out Out, Cross, Unwind Sweep ½, Behind Side Touch.

1 2 Rock forward on left, recover back on right. & 3 Step back on left, cross right over left,

4&5 Step left out to left side, step right out to right side, cross left over right.

6 Unwind 1/2turn right sweeping right out.

7&8 Step right behind left, step left to left side, touch right next left.*R1*

Step Sway, Sway, Sway, Back Rock, Side, Behind, 1/4, 1/2, Ball Step.

1, 2 Step right to right as you sway hips right, sway hips left. 3, 4& Sway hips right, rock left behind right, recover on right.

5, 6& Step left to left side, step right behind left, step left forward making ¼ turn left.

Step back on right making ½ turn left, step left next to right, step right forward.

Lunge, Recover Sweep, Behind Side Cross, Side, Rock, Recover, ¼ Back, Back, Drag Touch.

1, 2 Lunge forward on left, recover back on right as you sweep left behind right.

3&4 Step left behind right, step right to right side, cross left over right.

&5 Step right to right side, rock left behind right.

Recover forward on right, step back on left as you make ¼ turn right.

Step back on right dragging left towards right, touch left next to right.

Restarts

*1st restart happens on the second wall after 32 counts, dance the dance up to and including count 31 and on count 32 instead of touching right next to left, step right next to left and then restart the dance from the beginning.

You will restart the dance facing the 6 o'clock wall.

*2nd restart happens on the fifth wall after 16 counts, dance up to counts 7 on section 2 as normal on counts 8& instead of doing Right Rock Recover do:

8& Step right to right side making ¼ turn left, touch left next to right.

You will restart the dance facing the 12 o'clock wall.