

Inside Voice

拍數: 32 牆數: 2 級數: Intermediate
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音樂: Ave Maria - Beyoncé



Count In: 16 counts

[1-8] side, coaster, sways, Behind-Side-Cross, (8)R Step (&)L Together

1 Step left to left
2&3 Step back on right, step together with left, step forward on right,
4-5 step down on left (swaying left), Recover on the right step
6&7 Cross Left behind Right, step R to R side, cross step L over R
8& R Step ,L Together

[9-16] Step forward R, L step forward L, ½ pivot turn L step, step R shuffle, cross, back, side, cross, full unwind

1, 2 & 3 Step forward on right, step forward on left, pivot ½ turn right, step forward on left (6.00)
4 & 5 Step forward on right, step left next to right, step forward on right
6&7 cross left over right, step back on right(&), step left to left side
8& cross right over left, unwind a full turn over left shoulder with weight ending on R

[17-24] Rock Recover, Back lock Back, walks, sailor with 1/2 turn

1-2 Rock forward on left, recover on right
3&4 Step back on left, lock right over left, step back on left
5-6 walk forward on right, walk forward on left
7&8 step R behind L, step together with L, Turn to right 1/2, step R forward

[25-32] L nightclub basic, R nightclub basic, step L ½ pivot turn to R, full turn R travelling forward

1, 2 & Take big step to L side, rock back on R, recover weight on L,
3, 4 & taking big step to R side, rock back on L, recover weight on R
5-6 Step forward on left, pivot ½ turn right
7-8 Make ½ turn right stepping back on left , make ½ turn right stepping forward on right (option walk L-R)

TAG: at the END of 2nd wall & 4th wall,

[1-8] L nightclub basic, R nightclub basic, step L ½ pivot turn to R, Walk (L-R)

1, 2 & Take big step to L side, rock back on R, recover weight on L,
3, 4 & taking big step to R side, rock back on L, recover weight on R
5-6 Step forward on left, pivot ½ turn right
7-8 walk L-R