

Boom Shack-A-Lak.

COPPERKNOB
STEPPERS

拍數: 48 牆數: 2 級數: Improver
編舞者: Peter Jones (UK) & Anna Lockwood (UK) - July 2011
音樂: Boom Shack-A-Lak - Apache Indian : (Album: Young, Gifted & Black)



Starts 21 seconds in on the vocals "Wind your body"

S1: 2 x Hip Rolls R, 2 x Hip Rolls L, Rocking Chair, 2 x Step Turns.

1-4 Touch R Forward, Rotate Hips x 2 R Over 2 Counts, Step Onto R, Hold.
5-8 Touch L Forward, Rotate Hips x 2 L Over 2 Counts, Step Onto L, Hold.

(Alternatively Replace Hip Rolls With Hip Bumps Forward, Back, Forward, Hold).

Restart Here On Wall 3 Facing 12.00.

S2: Rocking Chair, Step Turn, Step Turn.

1-4 Rock Forward Onto R, Rock Back Onto L, Rock Back Onto R, Rock Forward Onto L.
5-8 Step Forward Onto R, Pivot ½ L Onto L, Step Forward Onto R, Pivot ½ L Onto L.

S3: Grapevine, Flick & Clap, Grapevine, Flick & Clap.

1-4 Step R To R Side, Step L Behind R, Step R To R Side, Flick L Behind R & Clap Hands Up To R Side.
5-8 Step L To L Side, Step R Behind L, Step L To L Side, Flick R Behind L & Clap Hands Down To L Side.

S4: Side, Flick, Side Flick, Grapevine ¼ Turn, Hold.

1-4 Step R To R Side, Flick L Behind R Touching R Hand To L Heel. Step L To L Side, Flick R Behind L Touching L Hand To R Heel.
5-8 Step R To R Side, Step L Behind R, Turn ¼ R Stepping Onto R, Hold.

S5: Step, Turn, Step, Hold, Cross, Point, Cross, Point.

1-4 Step Forward Onto L, Pivot ½ R Onto R, Step Forward Onto L, Hold.
5-8 Cross R Over L, Point L To L Side, Cross L Over R, Point R To R Side.

S6: Jazz Box, Turn L ¼, ¼, ¼, ½.

1-4 Cross R Over L, Step Back Onto L, Step R To R Side, Step Forward Onto L.
5-8 Step ¼ L Onto R, Hinge ¼ L Onto L, Step ¼ L Onto R, Hinge ½ L Onto L.

Fun and Dance With A Smile ;0)

Contact: www.peterandanna.co.uk