

# Back To Basics

拍數: 42      牆數: 4      級數: Advanced Beginner  
編舞者: Ann Cripps (CAN) - August 2011  
音樂: Go On - Delbert McClinton



(Teach to) Two Stepping Mind by Tim McGraw  
(Goes well to) Shooting from the Hip by Barry Upton & Wild at Heart

## Point toe front, side, ½ turn right with triple step

1-2            Point R toe to front & right side  
3&4           ½ turn right with a triple step RLR  
5-6            Point L toe to front & left side  
7&8           ½ turn left with a triple step LRL

## Rocking chair, step pivot ½

1-4            Rock forward on R, recover L, rock back on R recover L  
5-6            Step forward R making a ½ turn left, recover on L  
9-10          Rock forward on R, recover L, rock back on R recover L  
11-12        Step forward R making a ½ turn, recover on L

## Lindy right, Lindy left turning ¼ turn right

1&2            RLR triple step to right side  
3-4            Rock back on L recover R  
5&6            LRL triple step to left side  
7-8            Rock back on R while making a ¼ turn to right, recover L

## Two count vines, ½ turns

1-4            Right Step, L behind R, step R while making a ½ turn right, step weight L  
5-8            Right Step, L behind R, step a ½ turn right, step weight on L

## Sailor shuffle, kick ball change

1&2            Step R behind L step to left side, weight back on R  
3&4            Step L behind R step to right side, weight back on L  
5&6            Kick R forward, place weight back on R, lift L & replace weight back onto L

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