

Borders & Fences

拍數: 32 牆數: 2 級數: Novice / Intermediate
編舞者: Ivonne Verhagen (NL) - August 2011
音樂: Borders And Fences - Texas Renegade



Dance starts after 16 counts

STEP SIDE, ROCK, STEP, STEP SIDE, CROSS BEHIND, STEP SIDE, CROSS OVER & SWEEP, CROSS OVER, STEP SIDE, CROSS BEHIND & SWEEP, CROSS BEHIND, STEP SIDE

1,2,& RF step to the right side, lf rock back, rf weight back on rf.
3,4,& LF step to the left side, rf cross behind left, left step to the left side
5,6,& RF cross over lf & sweep LF as a rondé forward, cross LF over RF, RF step side
7,8,& LF cross behind RF & sweep RF as a rondé back, cross RF behind LF, LF step side

CROSS ROCK STEP, STEP SIDE, CROSS ROCK STEP, STEP SIDE, STEP FORWARD, PIVOT ½ TURN RIGHT, STEP FORWARD, PIVOT ¼ LEFT,

1,2,& RF cross rock over lf, weight back on lf, rf step to the right side
3,4,& LF cross rock over rf, weight back on rf, lf step to the left side

Restart in wall 3 & 7

5,6& RF step forward, LF step forward, ½ turn right (weight on rf)
7,8,& LF step forward, RF step forward, ¼ turn left (weight on lf)

STEP FORWARD & SWEEP, CROSS OVER, ¼ LEFT, ¼ LEFT & SWEEP, CROSS OVER, BACK, BACK, CROSS OVER, BACK, BACK, SWAY RIGHT, SWAY LEFT

1,2,& RF step forward & sweep LF as a ronde forward, LF cross over RF, ¼ turn left & step RF back
3,4,& ¼ turn left LF step forward & sweep RF as a ronde forward, cross over, LF step back
5,6& RF step side, LF cross over RF, RF step back
7,8,& LF step side, Sway hips right, sway hips left

STEP SIDE, ROCK BACK & ¼ TURN RIGHT, SAILOR ¼ TURN RIGHT, STEP ¼ TURN RIGHT, CROSS OVER, SWAY HIPS RIGHT, SWAY HIPS LEFT

1,2,& RF step side, LF rock behind, ¼ turn right & step RF side
3,4,& LF step side, ¼ turn right & cross RF behind LF, LF step forward
5,6& RF step forward, LF step forward, ¼ turn right & weight on rf
7,8,& LF cross over RF, RF step side & sway hips right, sway hips left

NOTE: restart the dance after count 12 in wall 3 & wall 7

End of the dance.

Have Fun!

Last Revision on site - 9th August 2011