

# Be The Lake

COPPERKNOB  
STEPPERS

拍數: 32      牆數: 4  
編舞者: Lisa Carlier (BEL) - August 2011  
音樂: Be the Lake - Brad Paisley



Begin the dance after long intro

## Back Kick Ball Change, Shuffle Fwd, Triple Full Turn Traveling Fwd, Sailor R

1            Rf Kick Back  
&            Rf Step Next To Lf  
2            Lf Step Slightly Fwd  
3            Rf Step Fwd  
&            Lf Step Next To Rf  
4            Rf Step Fwd  
5            Lf ½ Turn R, Step Behind  
&            Rf ½ Turn R, Step Fwd  
6            Lf Step Fwd  
7            Rf Cross Behind Left  
&            Lf Step Next To Rf  
8            Rf Step Side R

## Sailor ¼ L, Heel Flick Cross, Side Rock Cross, Scuff Hitch While Turning ¼, Behind

1            Lf Cross Behind Rf  
&            Rf ¼ Turn L Step Next To Lf  
2            Lf Step Fwd (9:00)  
3            Rf Heel Tap Fwd  
&            Rf Flick Behind  
4            Rf Cross Over Lf

\*\*\* 2nd Restart \*\*\*

5            Lf Step To L  
&            Rf Step Next To Lf  
6            Lf Cross Over Rf  
7            Rf Scuff  
&            Rf Hitch While Turning ¼ L  
8            Rf Step Behind (6:00)

\*\*\* 1st Restart \*\*\*

## Coasterstep, Kick Out-Out, Apple Jack L & R, Behind Side Cross

1            Lf Step Behind  
&            Rf Step Next To Lf  
2            Lf Step Fwd  
3            Rf Kick Fwd  
&            Rf Step Out To Right Side  
4            Lf Step Out To Left Side  
5            Bf Swivel Left, Weight On R Toe And L Heel  
&            Return To Centre  
6            Bf Swivel Right, Weight On L Toe And R Heel  
&            Turn To Centre  
7            Rf Cross Behind Lf  
&            Lf Step Side L  
8            Rf Cross Over Lf

**Side Rock Cross, Unwind Full Turn R, Kick, Sailor ¼ R, Step Fwd L, ½ Pivot Turn R, Step**

- 1 Lf Step Side L
- & Rf Step Next To Lf
- 2 Lf Cross Over Rf
- 3 Lf+Rf Make A Whole Turn R (6:00)
- &
- 4 Rf Kick
- 5 Rf Step Behind Lf
- & Lf Step Next To Rf, While Turn ¼ R
- 6 Rf Step Fwd (9:00)
- 7 Lf Step Fwd
- & Turn ½ R
- 8 Rf Step Fwd (3:00)

**\* Restart In 3rd Wall; Dance 16 Counts And Start Again**

**\* Tag After 6th Wall; You Ad: (2 Vaudevils)**

- &1 Step Rf To Side, Point Left Heel Diagonally Forward
- &2 Lf Step Back, Rf Step Over Lf
- &3 Step Lf To Side, Point Right Heel Diagonally Fwd
- &4 Rf Step Back, Lf Step Over Rf

**\* Restart In 10th Wall; Dance 12 Counts And Start Again**

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