

# One More Time

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate Rumba Rhythm  
編舞者: Gordon Timms (UK) - August 2011  
音樂: One More Time - Kenny G & Chante Moore : (CD: Paradise)



Start the dance on the vocals after 32 counts intro! Rumba Rhythm throughout is QQS ....

## SECTION 1: Rock, Recover, ½ Turn Step, Step ½ Pivot Turn Right. Ball ¼ Turn Right, Step side Left.

- 1 - 2      Step forward on the right, recover weight back to the Left.
- 3 - 4      Make a ½ turn Right stepping forward with Right, Hold for one count.
- 5 - 6      Step forward with Left, Pivot ½ turn Right
- 7 - 8      On the ball of Right make a ¼ turn Right stepping Left to Left side. Hold for one count. [Faces 3.00]

## SECTION 2: Rondé Right behind Left, Side, Cross , Rock and Sway, Recover, Step Back Behind

- 1 - 2      Rondé Right out and behind Left, Step Left to Left Side.
- 3 - 4      Cross Right over Left. Hold for one count.
- 5 - 6      Rock sway Left to Left Side, Recover weight on to Right
- 7 - 8      Step Left directly behind right. Hold for one count. [Faces 3.00]

## SECTION 3: Step, Side, Step, Behind, Cross Rock, Recover, Step ¼ Turn Left.

- 1 - 2      Step Right to Right side, Step Left directly behind right.
- 3 - 4      Step Right to Right side, Hold for one count
- 5 - 6      Cross rock Left over Right, Recover weight on to Right
- 7 - 8      Turn ¼ Left Stepping forward slightly with the left. Hold for one count. [Faces 12.00]

## SECTION 4: Basic Rumba Balance Steps... Diagonal Back and Forward.

- 1 - 2      Step forward on the right at 45° pushing right hip out, recover weight back on to Left
- 3 - 4      Rock weight back on to the right foot, Hold for one count.
- 5 - 6      Step back on Left at 45° pushing Left hip out, recover weight back on to Right.
- 7 - 8      Step Left slightly forward next to Right, Hold for one count. [Faces 12.00]

## SECTION 5: Step ½ Pivot Turn Left. Ball ½ Turn Left, Step side Right, Rondé Left behind Right, Side, Cross

- 1 - 2      Step forward with Right, Pivot ½ turn Left
- 3 - 4      On the ball of Left make a ½ Turn Left stepping Right to Right side. Hold for one count.
- 5 - 6      Rondé Left out and behind Right, Step Right to Right Side
- 7 - 8      Cross Left over Right. Hold for one count. [Faces 12.00]

## SECTION 6: Hinge ¼ Turn Left, Hinge ¼ Turn Left, New Yorker with a balance step.

- 1 - 2      Turn a ¼ Left on the ball of the Left foot, step Right back. (9.00)
- 3 - 4      Turn ¼ left (6.00) stepping Left forward, Step Right to Right side and Hold for one count
- 5 - 6      Turn a ¼ Right on the ball of the Right foot, step Left forward. (9.00)
- 7 - 8      Recover weight back on the Right, turn ½ Left (3.00) step Left forward and Hold [Faces 3.00]

## SECTION 7: Rock Sway, Recover, Step, Side, Step, Behind, Step, Side, Step, Across, Turn ¼ Right Step.

- 1 - 2      Rock sway Right to Right Side, Recover weight on to Left
- 3 - 4      Step Right directly behind Left. Hold for one count..
- 5 - 6      Step Left to Left side, Step Right across over Left..
- 7 - 8      Turning ¼ turn Right, Step Left back slightly behind Right . Hold for one count [Faces 6.00]

(RESTART HERE)

## SECTION 8 Basic Rumba Step Balance Steps.... To the Right and Left.

- 1 - 2      Roll back Right around behind Left, recover weight on to Left.

- 3 - 4 Step Right to Right side, Hold for one count.
- 5 - 6 Roll back Left around behind right, recover weight on to Right.
- 7 - 8 Step Left to Left side, Hold for one count. [Faces 6.00]

**TAG: Back, Recover, Cross, Hold, Side, Recover, Back, Hold (Sliding Door)**

- 1-2 Step right foot behind left foot, recover weight on left foot
- 3-4 Cross right foot in front of left foot, hold for one count!
- 5-6 Step left foot to left side (slightly diagonally forward), recover weight on right foot
- 7-8 Step left foot behind right foot, hold for one count!

**TAGS / RESTARTS! On the end of the 1st wall... add the 8 count tag! (Makes it 72 counts)**

**At the end of the 2nd wall dance through to end of Section 7 (56 counts) - and restart the dance again!**

**Same sequence applies to the 3rd (72) and the 4th (56) walls....**

**From the 5th wall just keep dancing it through to the end as the music fades.**

**Last Revision on site – 7th August 2011**

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