

# Back In My Arms

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Heather Barton (SCO) - August 2011  
音樂: Back In My Arms - Mark Medlock : (Album: Rainbow's End)



Intro.... Start on Vocals (2nd time he sings Back in my arms again count 5.6.7.8)

## S1: STEP RIGHT, HALF TURN RIGHT, RIGHT COASTER STEP, LEFT JAZZ BOX TOUCH

1-2            Step forward onto right, Half turn right over right shoulder onto left foot. (6)  
3&4           Step back on right, step left beside right, Step forward on right.  
5-8           Cross left over right, step back on right, Step left to left side, touch right next to left.

## S2: SIDE RIGHT ¼ CHASSE, FORWARD ROCK, LEFT COASTER, STEP RIGHT, ¼ TURN

1&2           Step right to right, step left beside right, ¼ turn right onto right foot (9)  
3-4           Rock forward onto left, recover onto right  
5&6           Step back on Left, step right beside left, step forward on left  
7,8           Step forward on right, ¼ pivot turn left (6)

## S3: CROSS RIGHT, HOLD, BALL CROSS, POINT LEFT, BEHIND SIDE CROSS, SWAYS

1-2           Cross right over left, Hold  
&3-4          Take weight onto left, cross right foot over left, point left to left side  
5&6           Step left behind right, step right to right side, cross left over right  
7-8           Sway Right, Sway left

## S4: RIGHT SAILOR, LEFT SAILOR (Travelling slightly back), TOUCH BACK, ½ TURN, STEP, ¼ TURN

1&2           Step right behind left, step left to left side, step right next to left  
3&4           Step left behind right, step right to right side, step left next to right  
5-6           Place right toe behind, ½ turn over right shoulder step onto right foot (12)  
7-8           Step onto left, ¼ pivot turn right (3)

## S5: CROSS, ¼ TURN, LEFT COASTER, ROCKING CHAIR

1-2           Cross left foot over right, ¼ turn to left stepping back onto right foot (12)  
3&4           Step back on left, step right next to left, step forward on left \*\*\*\*\*  
5-6           Rock forward on right, recover on left  
7-8           Rock back on right, recover on left

## S6: STEP RIGHT SIDE, HOLD, BALL STEP, TOUCH, ROLLING TURN, SIDE CHASSE

1-2           Step right to right side, hold  
&3-4          Bring your left foot into right, Step right to right side, touch left beside right  
5-6           Turn ¼ left, turn ½ left stepping onto right (9)  
7&8           Turn ¼ left by stepping left to left side, step right beside left, step left to left side (12)

## S7: RIGHT KICKBALL CROSS X2, ¼ TURN, STEP, ½ TURN, STEP

1&2           Kick right foot forward, step down on right, cross over with left  
3&4           Kick right foot forward, step down on right, cross over with left  
5-6           ¼ turn right onto right foot, step forward onto left (3)  
7-8           ½ turn over right shoulder step onto right foot, step forward onto left (9)

## S8: STEP, POINT, CROSS, POINT, ¾ MONTEREY, LEFT SHUFFLE

1-2           Step forward on right, point left to left side  
3-4           Cross left over right, point right to right side  
5-6           ¾ turn over right shoulder bring right foot into left, point left out to side (6)

7&8 Step forward on left, step right beside left, step forward on left (6)

**TAGS: At the end of walls 2 & 4 add the following 4 count tag (Rocking Chair)**

1,2,3,4 Rock forward on right, recover on left, rock back on right, recover on left

**RESTART: Wall 5 section 5 dance first 4 counts start dance again (facing front wall) \*\*\*\*\***

**HAPPY DANCING - Heather xx**

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