

Cara Ti Amo (Darling I Love You)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver Novelty Mambo
編舞者: Sebastiaan Holtland (NL) - August 2011
音樂: Hey, signorina mambo! - Paolo Belli : (Album: 1 + Belli Di... Paolo 2003)



32 count intro start on the words "Baby Ti Amo" (14 Sec)

Sec 1: [1-8] Side, Touch, Side, Touch, Side, Flick, Side, Flick, Scissor Cross, ¼ Turn R, Back, ¼ Turn R, Side
1&2& Step Rf to the right, touch Lf next to Rf, step Lf to the left, touch Rf next to Lf (12:00)

Restart Here - WALL 5 after the counts 1&2& (Facing 3 o'clock)

3&4& Step Rf to the right, flick left heel slightly up behind right leg, step Lf to the left, flick right heel slightly up behind left leg

5&6 Step Rf to the right, step Lf beside Rf, cross Rf over Lf weight onto Rf (scissor cross)

7-8 Turn ¼ right (3) step Lf back, turn ¼ right (6) step Rf to the right weight onto Rf

Sec 2: [9-16] Hike Fwd, Centre, Hike Side, Centre, Chasse ¼ Turn L, Running Fwd R-L-R, Hitch, Running Back L-R-L, Hitch

1&2& Point Lf forward bump hips fwd, hips back to centre, point Lf out to the left bump hips to left, hips back to centre holding weight onto Rf (6:00)

3&4 Step Lf to the left, step Rf beside Lf, turn ¼ left (3) step Lf fwd weight onto Lf (chasse ¼ turn L)

5&6& Stepping Rf forward, stepping Lf forward, stepping Rf forward, Hitch L knee up

7&8& Stepping Lf back, stepping Rf back, stepping Lf back, Hitch R knee up (3:00)

Sec 3: [17-24] Walks Back R-L, Back Mambo, Fwd, Lock Step Fwd, ¼ Turn L, Lift, Cross & Cross

1-2 Stepping Rf back, stepping Lf back weight onto Lf (3)

3&4 Mambo Rf back, recover on Lf, step Rf forward weight onto Rf

5&6& Step Lf forward, lock Rf behind Lf, step forward on Lf, turn ¼ left on Lf (12) lift R knee up

7&8 Cross Rf over Lf, step Lf to the Left, cross Rf over Lf weight onto Rf (12:00)

Sec 4: [25-32] Side Mambo, Together, Side Mambo, Together (change weight), ½ Triple L, Syncopated Cross Vine L

1&2 Mambo Lf to the left, recover on Rf, step Lf next to Rf weight onto Lf (12)

3&4 Mambo Rf to the right, recover on Lf, step Rf next to Lf weight onto Rf

5&6 Triple ½ left (6) stepping Lf forward, step Rf beside Lf, stepping Lf slightly to left weight onto Lf

7&8& Cross Rf over Lf, step Lf to the left, step Rf behind Lf, step Lf to the left weight onto Lf (6:00)

Sec 5: [33-40] Cross Mambo, Side, Cross, Side, Sailor Step ¼ Turn R, Hick Fwd, Centre

1&2 Cross mambo Rf forward, recover on Lf, step Rf to the right weight onto Rf (6)

3-4 Cross Lf over Rf, step Rf to the right

5&6 Step Lf behind Rf, turn ¼ right (9) step Rf forward, step Lf forward weight onto Lf

7-8 Point Rf forward bump hips forward, hips back to center weight onto Lf (9:00)

Sec 6: [41-48] Kick Ball Heel, Replace, Step Heel Twist, Kick & Kick, Stomp Together, Pop Knees (change weight)

1&2& Kick Rf forward, step Rf back in place on ball, touch L heel fwd, step Lf back in place (9)

3&4 Step Rf forward, twist both heels right, Twist both heels back to centre (weight on left)

5&6& Kick Rf forward, step Rf slightly forward back in place, kick Lf forward, step Lf back in place

7&8 Stomp Rf next to Lf, lift heels off the floor as you pop both knees forward, drop both heels to the floor take weight onto Lf (9:00)

Start Again, Enjoy!

