

# Man of Mine

拍數: 64      牆數: 4      級數: High Improver  
編舞者: Martie Papendorf (SA) - August 2011  
音樂: Mansmens van My - Helene Bester : (3:44)



## Start - On Lyrics

### S1: Rock Fwd Back Side Side, ¼ Sailor turn, Cross

1,2,3,4      Rock R fwd, Recover L back, Rock R out to right side, Recover L to left side,  
5,6,      Sweep R out and cross behind L making ¼ turn right, Recover L to left side 3.00  
7,8      Step R to right side, Step L across R,

### S2: Side, Behind, Side, Cross, ¼ Turn, ¼ Turn, Step, Cross

1,2      Step R to right side, Cross L behind R,  
3,4      Step R to right side, Step L across R ,  
5,6      Step R fwd making ¼ turn right, Step L fwd and turn ¼ right on ball of L, 9.00  
7,8      Step R to right side, Step L across R

### S3: Step, Sway fwd, Sway back, Hook, Fwd, Lock, Turn, Back

1,2      Step R fwd, Sway fwd to right diagonal,  
3,4      Sway back onto L, Hook R across L (low across ankle), 9.00  
5,6      Step R fwd to right diagonal, Lock L behind R,  
7,8      Step R fwd to 12.00 and turn ½ right on ball of R, Step L back, 6.00

### S4: Back, HOLD, Back, HOLD, Step, Close, Fwd, Close

1,2      Walk back R, HOLD,  
3,4      Walk back L, HOLD  
5,6      Step R next to L, Close L next to R,  
7,8      Step R fwd, Close L next to R,

### S5: Fwd, HOLD, ½ turn R, HOLD, Triple ½ turn R, Sweep

1,2      Step R fwd, HOLD,  
3,4      Step L back making ½ turn right, HOLD 12.00  
5,6,7,8      Making ½ triple turn right step R, L, R , Sweep L from back to front, 6.00

### S6: Step, HOLD, Sweep over 2 counts, ¼ Sailor left, HOLD

1,2      Step L across R with no weight (bending knees slightly), HOLD  
3,4      Sweep L from front to back over 2 counts (rising up slightly),  
5,6      Making ¼ turn left step L behind R, Step R to right side,  
7,8      Recover L to left side, HOLD 3.00

### S7: Skate Close Skate Touch, Skate L R,

1,2      Skate R fwd to right diagonal, Close L behind R,  
3,4      Skate R fwd to right diagonal, Touch L next to R  
5,6      Skate L to fwd over 2 counts,  
7,8      Skate R to fwd over 2 counts

### S8: Skate Close Skate Touch, Skate R L,

1,2      Skate L fwd to left diagonal, Close R behind L,  
3,4      Skate L fwd to left diagonal, Touch R next to L,  
5,6      Skate R fwd over 2 counts,  
7,8      Skate L fwd over 2 counts

